



Republic of the Philippines
Department of Education
Region II – Cagayan Valley
Schools Division of Nueva Vizcaya

October 7, 2026

DIVISION MEMORANDUM

No. 394 s. 2026

**CONDUCT OF THE TWO-DAY CAPABILITY-BUILDING ACTIVITY ON
STRENGTHENING OK SA DEPED PROGRAMS: ADVANCING
SCHOOL HEALTH, NUTRITION, AND
FEEDING INTERVENTIONS**

To: Assistant Schools Division Superintendent
Chief – School Governance and Operations Division
Chief – Curriculum Implementation Division
Public Schools District Supervisors/District In-Charge
All Other Concerned

1. The Schools Division Office of Nueva Vizcaya, through the **School Health and Nutrition Unit (SHNU)**, shall conduct the two-day capability-building activity entitled **“Strengthening OK sa DepEd Programs: Advancing School Health, Nutrition, and Feeding Interventions”** on **October 15–16, 2026** at **Viols Farm and Resort**, Brgy. Bascaran, Solano, Nueva Vizcaya.
2. The activity aims to strengthen the capacity of school health and nutrition personnel and program implementers in the effective, integrated, and sustainable implementation of Oplan Kalusugan sa DepEd (OK sa DepEd), particularly school health, nutrition, and feeding interventions.
3. The target participants are SHNU personnel and selected school-based implementers involved in the implementation of OK sa DepEd programs, with a target of forty-five (45) participants. The concerned participants are expected to attend and actively participate in all sessions, workshops, and action-planning activities.
4. Expenses for the conduct of the activity, including meals and snacks, venue/training facilities/accommodation, certificates, and token expenses, shall be charged against the available OK sa DepEd HRTD/Capability-Building Fund with augmentation from the SBFP Fund, subject to the usual government budgeting, accounting, procurement, and auditing rules and regulations.
5. Immediate and wide dissemination of this Memorandum is desired.




ORLANDO E. MANUEL PhD., CESO V
Schools Division Superintendent
10-2026-719





Republic of the Philippines
Department of Education
Region II – Cagayan Valley
Schools Division of Nueva Vizcaya

DEPED SDO NUEVA VIZCAYA TOP MANAGEMENT

NAME	DESIGNATION
Orlando E. Manuel Phd, Cesov	Schools Division Superintendent
Adonis C. Ceperez Edd, Cese	Assistant Schools Division Superintendent
Romulo S. Ancheta PhD	Chief, SGOD

SCHOOL HEALTH AND NUTRITION UNIT SDO NUEVA VIZCAYA

NAME	DESIGNATION
Ryan Christopher A. Buccat, MD	Medical Officer III
Epifania Tumaliuan, DMD	Dental Officer II
Aaron Paul Bernas, DMD	Dental Officer II
Rudy S. Agustin, RN	Nurse II
Hazel B. Arreo, RN	Nurse II
Lovelyn C. Cambaliza, RN	Nurse II
Icarus S. Canam, RN	Nurse II
Wilson D. Hindac, RN	Nurse II
Ben Clarion R. Llantada, RN	Nurse II
Julius Michael R. Panganiban, RN	Nurse II
Tricia Maria C. Pascua, RN	Nurse II
Marilou C. Roderos, RN	Nurse II
Jennifer D. Sano, RN	Nurse II
Sigrid Aleli M. Taipan, RN	Nurse II
Shiela S. Zapata, RN	Nurse II
Herminia B. Basilio, RN	Nurse II
Rannylene May T. De Leon, RN	Nurse II
Florence L. Bulayo, RN	Nurse II
Mary-Ann E. Cabangon, RN	Nurse II
Trixia Maureen D. Cabatin, RN	Nurse II
Jonalyn B. Panis, RN	Nurse II
Shairuz Caesar B. Dugay, RN	Nurse II
Mignonette Erim O. Dulay, RN	Nurse II
Karen Ann C. Gregorio	Nurse II
Elvie A. Ranchez, RN	Nurse II
Bernette Ann R. Sebbey, RN	Nurse II
Ali A. Vilar, RN	Nurse II
Amante D. Afan	Dental Aide
Brian Caesar T. Macababba	Dental Aide
Marvin O. Quiambao	Dental Aide
Rodolfo G. Mariñas Jr.	Dental Aide
Karen Joy A. Cachola	TA I - SBFP
Romin Mark P. Camat	TA I - SBFP
Rizza Mae S. Mejia	AS II - SBFP
Ben Carlo Orpia Gallevo	YAKAP Encoder
Sherwin Anlueco Santos	YAKAP Encoder
Brayden Colcol Guillen	YAKAP Encoder
Arnold James Manzano Gaerlan	YAKAP Encoder
Micheal Keanu Gonzales	YAKAP Encoder
Charles Agustin	YAKAP Encoder



Republic of the Philippines
Department of Education
 Region II – Cagayan Valley
 Schools Division of Nueva Vizcaya

STRENGTHENING OK SA DEPED PROGRAMS: ADVANCING SCHOOL HEALTH, NUTRITION, AND FEEDING INTERVENTIONS

October 15–16, 2026

Viols Farm and Resort, Brgy. Bascaran, Solano, Nueva Vizcaya

DAY 1 – OCTOBER 15, 2026: STRENGTHENING OK SA DEPED FLAGSHIP PROGRAMS AND SCHOOL HEALTH IMPLEMENTATION

Time	Activity	
7:30–8:00 AM	Registration	
8:00–8:30 AM	Opening Program	SHNU and Top Management
8:30–9:00 AM	Overview, Objectives, and OK sa DepEd Framework	Tricia Maria C. Pascua, RN (OKD Focal)
9:00–10:15 AM	Mental Health Program: Strengthening Mental Health Promotion, Prevention, Early Identification, Referral, and Psychosocial Support in Schools	Ben Clarion R. Llantada, RN (Mental Health Focal)
10:15–10:30 AM	Health Break	
10:30–11:15 AM	Adolescent Reproductive Health (ARH): Strengthening Adolescent-Friendly Health Information and Services	Icarus S. Canam, RN (ARH Focal)
11:15 AM–12:00 NN	National Drug Education Program (NDEP): Strengthening Drug Prevention Education and Protective Factors among Learners	Rudy Agustin, RN (NDEP Focal)
12:00–1:00 PM	Lunch Break	
1:00–1:45 PM	School-Based Immunization and Other Preventive School Health Services	Sigrid Aleli M. Taipan, RN (SBI Focal)
1:45–2:30 PM	WinS and Gulayan sa Paaralan: Creating Healthy, Safe, and Supportive School Environments	Jennifer D. Sano, RN and Wilson D. Hindac, RN (WinS and GPP Focal)
2:30–2:45 PM	Health Break	
2:45–3:15 PM	Strengthening School Health Services, Referral Systems, and Program Coordination	Ryan Christopher A. Buccat, MD
3:15–4:30 PM	Workshop: Development of School/District OK sa DepEd Action Plans (excluding SBFP)	
4:30–4:50 PM	Presentation and Critiquing of OK sa DepEd Action Plans	
4:50–5:00 PM	Synthesis and Closing of Day 1	



Republic of the Philippines
Department of Education
Region II – Cagayan Valley
Schools Division of Nueva Vizcaya

DAY 2 – OCTOBER 16, 2026: STRENGTHENING SCHOOL-BASED FEEDING PROGRAM IMPLEMENTATION

Time	Activity	
8:00–8:15 AM	Recap of Day 1 and Overview of Day 2	SHNU
8:15–9:00 AM	SBFP Program Updates, Policies, Guidelines, and Implementation Standards	Marilou C. Roderos, RN (SBFP Focal)
9:00–10:00 AM	SBFP Implementation Cycle: Beneficiary Identification, Baseline Assessment, Feeding, and Program Management	
10:00–10:15 AM	Health Break	
10:15–11:00 AM	Food Safety, Menu Planning, Food Preparation, Storage, and Distribution	Hazel B. Arreo, RN
11:00 AM–12:00 NN	SBFP Monitoring, Documentation, Reporting, and Assessment of Nutritional Outcomes	Karen Joy A. Cachola
12:00–1:00 PM	Lunch Break	
1:00–1:45 PM	Nutrition Education, Behavior Change, and Complementary Nutrition Interventions	Hazel B. Arreo, RN
1:45–2:30 PM	Addressing SBFP Implementation Gaps, Challenges, and Best Practices	Marilou C. Roderos, RN
2:30–2:45 PM	Health Break	
2:45–4:00 PM	Workshop: Development/Enhancement of School and District SBFP Implementation Plans	Ryan Christopher A. Buccat, MD
4:00–4:30 PM	Presentation, Critiquing, and Finalization of SBFP Plans	
4:30–5:00 PM	Commitment Setting, Evaluation, Synthesis, and Closing Program	