



Republic of the Philippines
Department of Education
Region II – Cagayan Valley
Schools Division of Nueva Vizcaya

UNNUMBERED MEMORANDUM

TO: Assistant Schools Division Superintendent
Chief Education Program Supervisor (CID, SGOD)
Education Program Supervisors
BALITA Heads and Unit Heads
All Others Concerned

FROM: 
ORLANDO E. MANUEL PhD, CESO V
Schools Division Superintendent
10-2026-783

DATE: October 28, 2026

SUBJECT: **CONDUCT OF ANNUAL PHYSICAL EXAMINATION (APE) AND
AVAILMENT OF FREE MEDICINES UNDER THE PHILHEALTH
YAKAP GAMOT PROGRAM**



1. The Schools Division Office of Nueva Vizcaya, through the School Health and Nutrition Unit (SHNU), shall conduct its **Annual Physical Examination (APE) on November 9, 2026 (Monday), starting at 7:00 AM at the SDO Conference Hall**, in support of personnel health and wellness and the utilization and liquidation of the Medical Allowance.
2. In partnership with **CFA Longcare Medical Laboratory**, the following examination packages shall be offered, inclusive of **FREE medical consultation and vitamins**:
 - A. **Package A (P1,500)** – Chem 10, CBC, and Urinalysis
 - B. **Package B (P1,650)** – Whole Abdomen and Pelvic Ultrasound
 - C. **Package C (P2,500)** – Chem 10, Chest X-ray, and ECG
3. In partnership with **GROVIC Healthcare Inc.**, eligible **YAKAP Direct members enrolled under the DepEd SDO Nueva Vizcaya School Health Clinic** may also avail themselves of **FREE maintenance and other covered medicines under the PhilHealth YAKAP GAMOT Program**.
4. Interested personnel shall accomplish the **APE Package Selection and Pre-Registration Form** through the link: **<https://tinyurl.com/APE-DEPED-SDONV>**
5. Participants are reminded to secure official receipts and other supporting documents for Medical Allowance liquidation, in accordance with existing guidelines.
6. Immediate dissemination of this Memorandum is desired.



C.F.A. LONGCARE MEDICAL LABORATORY

1st Leishore Bldg., Boyie St. Calaocan, Bambang, Nueva Vizcaya

Cellphone No.- (0999)-461-1302/ (0966)-190-1093

E-mail: cfamedicallab@gmail.com

Date: October 27, 2026

To: RYAN CHRISTOPHER A. BUCCAT MD, MMPHA
Medical Officer III

Subject: MEDICAL EXAMINATION PACKAGE A – ₱1,500 Only

Dear Dr. Buccat,

We are pleased to inform all DepEd teachers that a special **MEDICAL EXAMINATION PACKAGE A** for only **₱1,500.00 with Free Medical Consultations and Free Vitamins.**

The package includes the following:

- **Full Chemistry (Chem 10)**
 - **RBS/FBS**
 - **Total Cholesterol**
 - **Triglyceride**
 - **LDL**
 - **HDL**
 - **Uric Acid**
 - **Creatinine**
 - **BUN**
 - **ALT**
 - **AST**
- **Urinalysis**
- **Complete Blood Count (CBC)**

This initiative aims to provide teachers with convenient and affordable access to essential medical examinations. We also have a Mobile Service to ensure accessibility and convenience for all teachers.

We encourage all interested teachers to avail themselves of this special package. For inquiries, scheduling, and other details, please coordinate with the designated contact person or office.

Thank you for your cooperation and continued commitment to the teaching profession.

Respectfully,

Angelica Vanessa R. Medina, MHA
Facility Head-CFA Longcare Medical Laboratory



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Date: October 27, 2026

To: RYAN CHRISTOPHER A. BUCCAT MD, MMPHA
Medical Officer III

Subject: MEDICAL EXAMINATION PACKAGE B – ₱1,650 Only

Dear Dr. Buccat,

We are pleased to inform all DepEd teachers that a special **MEDICAL EXAMINATION PACKAGE B** for only **₱1,650.00 with Free Medical Consultations and Free Vitamins for One Month.**

The package includes the following:

- **Whole Abdomen Ultrasound + Pelvic Ultrasound**

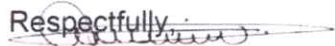
	Regular Price		Discounted Price
WHOLE ABDOMEN ULTRASOUND 1650 + PELVIC ULTRASOUND 1650	3,300	LESS 50% discount	1650

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Thank you for your cooperation and continued commitment to the teaching profession.

Respectfully,


Angelica Vanessa R. Medina, MHA
Facility Head-CFA Longcare Medical Laboratory
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E-mail: cfamedicallab@gmail.com

Date: October 27, 2026

To: RYAN CHRISTOPHER A. BUCCAT MD, MMPHA
Medical Officer III

Subject: MEDICAL EXAMINATION PACKAGE C – ₱2,500 Only

Dear Dr. Buccat,

We are pleased to inform all DepEd teachers that a special **MEDICAL EXAMINATION PACKAGE C** for only **₱2,500.00 with Free Medical Consultations and Free Vitamins.**

The package includes the following:

- **Full Chemistry (Chem 10)**
 - RBS/FBS
 - Total Cholesterol
 - Triglyceride
 - LDL
 - HDL
 - Uric Acid
 - Creatinine
 - BUN
 - ALT
 - AST
- **Chest X-ray**
- **ECG (Electrocardiogram)**

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