



Republic of the Philippines
Department of Education
REGION II – CAGAYAN VALLEY
SCHOOLS DIVISION OF NUEVA VIZCAYA

UNNUMBERED MEMORANDUM

TO: Assistant Schools Division Superintendent
School Governance and Operations Division Chief
Curriculum Implementation Division Chief
Public Schools District Supervisors/District In-Charge
Concerned Public School Heads
All others concerned

FROM: **ORLANDO E. MANUEL PhD, CESO V**
Schools Division Superintendent

DATE: 07 September 2026



SUBJECT: **CONDUCT OF THE SYMPOSIUM ON MENTAL HEALTH:
PSYCHOLOGICAL FIRST AID FOR SUICIDE AND DEPRESSION**

1. In observance of **Suicide Prevention Month** this September 2026, this Office, in partnership with the Zonta Club of Nueva Vizcaya, shall conduct a symposium entitled "**Mental Health: Psychological First Aid for Suicide and Depression**" on **September 8, 2026, from 1:00 PM to 5:00 PM** at the **Gabalton Hall, Aritao Central School**.
2. The list of expected participants is indicated in the attached annex. Snacks during the activity shall be sponsored by the **Zonta Club of Nueva Vizcaya**. Meanwhile, transportation, per diem, and other incidental expenses of the participants and Technical Working Group (TWG)/Program Management Team (PMT) members shall be charged against local funds or the school's Maintenance and Other Operating Expenses (MOOE), subject to the usual accounting and auditing rules and regulations.
3. Immediate dissemination of and compliance with this Memorandum are hereby directed



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Program Management Team		
No.	Name	OFFICE
1	Irene B. Bosque	District In-Charge
3	Roscoe N. Gacusana	SEPS – SMAN
4	Marc Henrick R. Nicanor	YFP/LRP Coordinator
5	Christian Lloyd Vicente	YFP/LRP Coordinator
6	Maria Theresa B. Iglesia	DRRM Coordinator
7	Ben Clarion Llantada	Division Mental Health Focal Person
8	Chester C. Cortez	Librarian II/Trained PFA Provider
9	Rizza Valdez	PDO – Aritao District

PARTICIPANTS		
No.	Name	School/District
1	Shairuz Caesar B. Dugay	Lamo National High School
2	Bernette Ann R. Sebbey	Dupax del Sur National High School
3	Mignonette Erim O. Dulay	Aritao National High School
4	Karen Ann C. Gregorio	Nueva Vizcaya GCHS
5	Mary Ann E. Cabangon	Nansiakan High School
6	Elvie A. Sanchez	Quezon National High School
7	Jonalyn B. Panis	Bintawan National High School
8	Florence L. Bulayo	Ambaguio National High School
9	Herminia B. Basilio	Solano High School
10	Trixia Maureen D. Cabatin	Uddiawan National High School
11	Rannylene T. De Leon	Diadi National High School
12	Ali L. Vilar	Alfonso Castaneda District



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SCHOOLS DIVISION OF NUEVA VIZCAYA

13	Hazel B. Arreo	Aritao District
14	Ferlyn C. Gonzales	Alfonso Castañeda NHS
15	Josefa E. Dencio	Ambaguio HS
16	Helen De Guzman	Aritao NHS
17	Sherryl Castro	Bagabag NHS
18	Maria Theresa Marlyn B. Ballesteros	Bascaran NHS
19	Jasmine Paraguas	Balance Technical Vocational Sch
20	Celia C. Sabongan	Binalian NHS
21	Jessie S. Balut	Bintawan NHS
22	Margery R. Guillermo	Bonfal NHS
23	Lester S. Calacala	Canabuan NHS
24	Florence L. Bautista	Casat NHS
25	Laarni R. Ubatan	Casacnan NHS
26	Rita Francisco, MAED, RGC	Diadi NHS
27	Maureen Joy C. Lobhoy	Dippog NHS
28	Elve V. Banaga	Dupax del Norte NHS
29	Elizabeth P. Adducul	Dupax del Sur NHS
30	Luz Dulnuan	Eastern Nueva Vizcaya NHS
31	Mercedes C. Alperes	Ganao NHS
32	Marilou H. Iglesia	Kasibu National Agricultural School
33	Quiren Joy B. Corpuz	Kayapa HS
34	Crislyn Joy Duntuyan	Kongkong Valley NHS
35	Norla Tiongson	Lamo NHS
36	Julienne Tadao	Malabing Valley NHS



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37	Fatima O Hindac	Munguia NHS
38	Jolly S. Haber	Murong AFS
39	Jocelyn Calixto	Nansiakan NHS
40	Arwin C. Peralta, MAED, RGC	Nueva Vizcaya GCHS
41	Rona Ria Obispo, MAED, RGC	Nueva Vizcaya GCHS
42	Angelique N. Timmanan	Paima NHS
43	Emely L. Velasco	Paniki HS
44	Melina S. Caslangan	Pinayag NHS
45	Rheena-Ann D. Padilla	Quezon NHS
46	Mylene M. Mejia	Runruno NHS
47	Elizabeth P. Borja	Salinas HS
48	Carla Callores	Santa Fe NHS
49	Mailyn Dasalla	Solano HS
50	Juliet M. Bunglay	Sta. Clara HS
51	Rodelio dela Cruz	Sta. Cruz Pingkian HS
52	Lydia L. Barbosa	Tuao HS
53	Imelda Vilar	Uddiawan NHS
54	Gloria Sherielee D. Wagayan	Napotuyak NHS
55	Lando A. Kilop	Bugkalot HS
56	John Lee N. Begseng	Abuyo NHS
57	Bayrin U. Espada	
58	Walter R. Campo	Carolotan HS
59	Jomar M. Naabus	Tiblac NHS
60	Lily B. Siso	Martinez Cuyangan NHS-