



Republic of the Philippines
Department of Education
Region II – Cagayan Valley
Schools Division of Nueva Vizcaya

August 11, 2026

DIVISION MEMORANDUM
No. 291, s. 2026

**CONDUCT OF THE "TAHANAN SA PAARALAN" PARENT
HEALTH LITERACY PROGRAM**

To: Assistant Schools Division Superintendent
Chief-School Governance Operations Division
Chief-Curriculum Implementation Division
Public Schools District Supervisors / District In-charge
Public Elementary School Heads
All Others Concerned

1. In line with the Department of Education's commitment to promoting the health and well-being of learners through strengthened school-community partnerships, the Schools Division Office of Nueva Vizcaya, through the School Health and Nutrition Unit (SHNU), announces the conduct of the **"Tahanan sa Paaralan" Parent Health Literacy Program** in collaboration with the **Philippine Pediatric Society – Northeastern Luzon Chapter (PPSNEL)**, the **Philippine Ambulatory Pediatrics Association (PAPA)**, and **Unilab-Pediatrica**. The program aims to empower parents and guardians through evidence-based health education on child health, nutrition, immunization, mental health, parenting, and other priority pediatric health concerns.

2. The activity shall be conducted as follows:

Date	School	Venue
August 27, 2026	Bayombong Central School	Bayombong, Nueva Vizcaya
August 28, 2026	Capisaan Elementary School	Brgy. Wangal Covered Court, Kasibu East, Nueva Vizcaya
September 17, 2026	Quezon Central School	Quezon, Nueva Vizcaya
September 18, 2026	Solano East Central School	Solano, Nueva Vizcaya

3. The participants shall be:

- Parents and guardians of Preschool to Grade 6 learners;
- School Heads;
- School Health Personnel; and
- Other invited stakeholders.

4. The concerned school heads are requested to:

- Invite and encourage the participation of parents and guardians of Preschool to Grade 6 learners;
- Prepare an appropriate venue capable of accommodating the participants;
- Provide available audiovisual equipment such as a laptop, LCD projector, screen, sound system, and microphone; and



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-
- d) Coordinate with the PPSNEL organizing team and the Division School Health and Nutrition Unit regarding logistical preparations.

5. Schools are encouraged to ensure a minimum attendance of fifty (50) parents or guardians. Should the expected attendance exceed fifty (50), the concerned school shall inform the organizing team at least two (2) weeks before the scheduled activity to allow adequate preparation of educational materials and logistical requirements.

6. In adherence to **DepEd Order No. 9, s. 2026** on the implementation of activities in schools with due consideration to the protection of instructional time, the conduct of the **Tahanan sa Paaralan Parent Health Literacy Program** shall **not disrupt regular classes and other teaching-learning activities**.

As the primary participants are **parents and guardians**, schools are **strongly encouraged to conduct the activity in the Barangay Hall, covered court, or other appropriate community venue**, whenever feasible, to avoid interruption of classroom instruction.

7. If the activity must be conducted within the school premises, the School Head shall ensure that:

- a) Classes shall continue uninterrupted throughout the duration of the activity;
- b) The venue shall be located in an area that will **not cause noise or disturbance** to ongoing classes;
- c) The use of sound systems shall be regulated and kept at a level that will not interfere with teaching and learning;
- d) Only the **minimum number of teachers and school personnel necessary** for coordination and supervision shall participate, while all other teaching personnel shall remain in their respective classes; and
- e) Parents and guardians shall proceed directly to the designated venue without interrupting classroom activities.

8. The School Head shall determine the most appropriate implementation strategy based on the school's context while ensuring compliance with DepEd policies on the protection of instructional time and maximizing parent participation.

9. The Philippine Pediatric Society – Northeastern Luzon Chapter, together with its partners, shall:

- a) Provide qualified pediatricians as resource speakers;
- b) Deliver standardized health literacy sessions;
- c) Provide educational materials and evaluation tools; and
- d) Coordinate the overall conduct of the activity.

10. Expenses relative to local transportation and other incidental expenses of participating DepEd personnel shall be charged against available local funds, subject to the usual accounting and auditing rules and regulations. Activity expenses of the partner organizations shall be borne by their respective institutions.



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Email Address: nuevavizcaya@deped.gov.ph
Website: <https://sdonuevavizcaya.com/>



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11. For further queries, kindly contact **Ryan Christopher A. Buccat, MD, Medical Officer III at 09275463220**
12. Immediate dissemination of and compliance with this Memorandum is hereby directed.


ORLANDO E. MANUEL PhD, CESO V
Schools Division Superintendent
08-2026-534





PHILIPPINE PEDIATRIC SOCIETY

Northeastern Luzon Chapter



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Marimae B. Lopez, MD, FPPS
Immediate Past President,
PPS NEL 2024-2026

August 10, 2026

ORLANDO E. MANUEL PhD, CESO V
Schools Division Superintendent
Department of Education
Bayombong, Nueva Vizcaya



Subject: PROPOSED PPS-NEL PEDIATRIC HEALTH EDUCATION AND HEALTH LITERACY ACTIVITIES IN SELECTED SCHOOLS OF NUEVA VIZCAYA

Dear Sir:

Greetings!

The **Philippine Pediatric Society – Northeastern Luzon Chapter (PPS-NEL)** respectfully submits for your information and consideration our proposed collaboration with selected schools of the **Department of Education – Schools Division of Nueva Vizcaya** for the conduct of pediatric health education and health promotion activities.

As part of our commitment to promoting the health and well-being of children and adolescents through health education, disease prevention, and community engagement, PPS-NEL is pleased to provide **qualified pediatricians as resource speakers** for evidence-based lectures and interactive discussions for parents, learners, teachers, and school personnel.

The following activities are being proposed:

Date	School	Venue
August 27, 2026	Bayombong Central School	Bayombong, Nueva Vizcaya
August 28, 2026	Capisaan Elementary School	Brgy. Wangal Covered Court, Kasibu East
September 17, 2016	Quezon Central School	Quezon, Nueva Vizcaya
September 18, 2026	Solano East Central School	Solano, Nueva Vizcaya

The Tahanan sa Paaralan program is being undertaken in collaboration with the Philippine Ambulatory Pediatrics Association (PAPA) and Unilab-Pediatrica. The program is designed for parents and guardians of Preschool to Grade 6 learners and will cover relevant pediatric health and child development concerns, including nutrition, immunization, common childhood illnesses, mental health, parenting, wellness, and other priority pediatric health topics.

PPS-NEL shall provide the qualified pediatricians/resource speakers, standardized health literacy modules, educational materials, activity evaluation tools, and coordination for the overall conduct of the health education sessions.

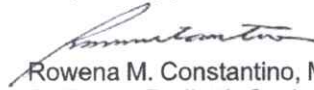
In this regard, we respectfully seek the **support and approval of the Schools Division Office of Nueva Vizcaya** for these activities and the participation of the concerned schools. We likewise acknowledge the importance of coordinating the implementation with the respective School Heads to ensure that the activities are appropriately scheduled and conducted in consideration of existing school programs and instructional requirements.

We believe that a strong partnership between schools and pediatric healthcare professionals can significantly contribute to improving the health and well-being of children and adolescents in our communities.

We look forward to your favorable response and to building a meaningful and sustainable partnership with the Department of Education – Schools Division of Nueva Vizcaya.

Thank you very much for your continued support for the welfare of our children.

Respectfully yours,



Rowena M. Constantino, MD. FPPS President
Philippine Pediatric Society – Northeastern Luzon Chapter, 2026-2028



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Northeastern Luzon Chapter



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CME (*Isabela-Quirino*)

Marimae B. Lopez, MD, FPPS
Immediate Past President,
PPS NEL 2024-2026

July 20, 2026

Mr. Amherstine Boy Bata
Principal I
Bayombong Central School
Bayombong, Nueva Vizcaya

Dear Sir:

Greetings!

The Philippine Pediatric Society – North Eastern Luzon Chapter (PPSNEL), in collaboration with Philippine Ambulatory Pediatrics Association (PAPA) partnership with Unilab-Pediatrica, is pleased to invite your school to participate in the "Tahanan sa Paaralan" Program, a health literacy initiative aimed at empowering parents through evidence-based education on pediatric health and child development.

The program is specifically designed for parents and guardians of preschool to Grade 6 learners and seeks to promote healthy practices at home through interactive discussions facilitated by PPSNEL pediatricians. Topics may include child nutrition, immunization, common childhood illnesses, mental health, adolescent transition (for upper elementary pupils), parenting, wellness, and other priority pediatric health concerns.

To ensure the successful implementation of the program, we respectfully request your school's assistance in the following:

1. Invite and encourage the participation of parents and guardians of preschool to Grade 6 learners.
2. Provide an appropriate venue within the school that can comfortably accommodate the participants.
3. Make available the necessary audiovisual equipment, including a laptop, LCD projector, screen, sound system, and microphone, if available.
4. Coordinate with the PPSNEL organizing team regarding the schedule and logistical preparations for the activity.

On the other hand, PPSNEL, together with Unilab-Pediatrica, shall be responsible for:

- * Providing qualified pediatricians as resource speakers;
- * Preparing and delivering standardized health literacy modules;
- * Providing educational materials and activity evaluation tools;
- * Coordinating the overall conduct of the health education session.

The target attendance is at least fifty (50) parents or guardians per activity. Should your school anticipate more than 50 participants, we kindly request that you inform the organizing committee at least two (2) weeks prior to the scheduled activity to allow adequate preparation and allocation of educational materials, logistical resources, and facilitators.

We believe that schools play a vital role in promoting children's health by fostering strong partnerships with families and healthcare professionals. Through this collaborative effort, we hope to equip parents with the knowledge and skills necessary to support the health and well-being of their children.

We look forward to your favorable response and to working together in advancing child health within our communities. Thank you for your continued commitment to the welfare of our children.

Thank you for your favorable consideration. We look forward to welcoming you to Northeastern Luzon. Should you have any inquiries, you can reach me through my email: rowenaconstantinomd1@gmail.com.

Respectfully yours,



Rowena M. Constantino, MD. FPPS
President

Philippine Pediatric Society – Northeastern Luzon Chapter, 2026-2028



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CME (*Isabela-Quirino*)

Marimae B. Lopez, MD, FPPS
Immediate Past President,
PPS NEL 2024-2026

July 20, 2026

Mr. Alfredo C. Binlingan Jr.
Principal I
Capisaan Elementary School, Kasibu
Kaisbu, Nueva Vizcaya

Dear Sir:

Greetings!

The Philippine Pediatric Society – North Eastern Luzon Chapter (PPSNEL), in collaboration with Philippine Ambulatory Pediatrics Association (PAPA) partnership with Unilab-Pediatrica, is pleased to invite your school to participate in the "Tahanan sa Paaralan" Program, a health literacy initiative aimed at empowering parents through evidence-based education on pediatric health and child development.

The program is specifically designed for parents and guardians of preschool to Grade 6 learners and seeks to promote healthy practices at home through interactive discussions facilitated by PPSNEL pediatricians. Topics may include child nutrition, immunization, common childhood illnesses, mental health, adolescent transition (for upper elementary pupils), parenting, wellness, and other priority pediatric health concerns.

To ensure the successful implementation of the program, we respectfully request your school's assistance on the following details:

Date: August 28, 2026, Friday.

1. Invite and encourage the participation of parents and guardians of preschool to Grade 6 learners
2. Provide an appropriate venue within the school that can comfortably accommodate the participants.
3. Make available the necessary audiovisual equipment, including a laptop, LCD projector, screen, sound system, and microphone, if available.
4. Coordinate with the PPSNEL organizing team regarding the schedule and logistical preparations for the activity.

On the other hand, PPSNEL, together with Unilab-Pediatrica, shall be responsible for:

- * Providing qualified pediatricians as resource speakers;
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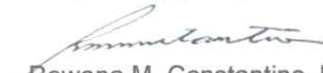
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Philippine Pediatric Society – Northeastern Luzon Chapter, 2026-2028



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Marimae B. Lopez, MD, FPPS
Immediate Past President,
PPS NEL 2024-2026

July 22, 2026

Sally C. Viernes
Principal 1
Quezon Central School

Dear Ma'am,

Greetings!

The Philippine Pediatric Society – North Eastern Luzon Chapter (PPSNEL), in collaboration with Philippine Ambulatory Pediatrics Association (PAPA) partnership with Unilab-Pediatrica, is pleased to invite your school to participate in the "Tahanan sa Paaralan" Program, a health literacy initiative aimed at empowering parents through evidence-based education on pediatric health and child development.

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To ensure the successful implementation of the program, we respectfully request your school's assistance on the following details:

Date: **September 17, 2026, Thursday.**

1. Invite and encourage the participation of parents and guardians of preschool to Grade 6 learners
2. Provide an appropriate venue within the school that can comfortably accommodate the participants.
3. Make available the necessary audiovisual equipment, including a laptop, LCD projector, screen, sound system, and microphone, if available.
4. Coordinate with the PPSNEL organizing team regarding the schedule and logistical preparations for the activity.

On the other hand, PPSNEL, together with Unilab-Pediatrica, shall be responsible for:

- * Providing qualified pediatricians as resource speakers;
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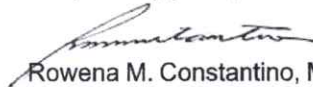
The target attendance is at least fifty (50) parents or guardians per activity. Should your school anticipate more than 50 participants, we kindly request that you inform the organizing committee at least two (2) weeks prior to the scheduled activity to allow adequate preparation and allocation of educational materials, logistical resources, and facilitators.

We believe that schools play a vital role in promoting children's health by fostering strong partnerships with families and healthcare professionals. Through this collaborative effort, we hope to equip parents with the knowledge and skills necessary to support the health and well-being of their children.

We look forward to your favorable response and to working together in advancing child health within our communities. Thank you for your continued commitment to the welfare of our children.

Thank you for your favorable consideration. We look forward to welcoming you to Northeastern Luzon. Should you have any inquiries, you can reach me through my email: rowenaconstantinomd1@gmail.com.

Respectfully yours,



Rowena M. Constantino, MD. FPPS
President

Philippine Pediatric Society – Northeastern Luzon Chapter, 2026-2028



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Marimae B. Lopez, MD, FPPS
Immediate Past President,
PPS NEL 2024-2026

July 22, 2026

Lourdes Jasmin
Principal II
Solano East Central School

Dear Ma'am,

Greetings!

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To ensure the successful implementation of the program, we respectfully request your school's assistance on the following details:

Date: **September 18, 2026, Friday.**

1. Invite and encourage the participation of parents and guardians of preschool to Grade 6 learners
2. Provide an appropriate venue within the school that can comfortably accommodate the participants.
3. Make available the necessary audiovisual equipment, including a laptop, LCD projector, screen, sound system, and microphone, if available.
4. Coordinate with the PPSNEL organizing team regarding the schedule and logistical preparations for the activity.

On the other hand, PPSNEL, together with Unilab-Pediatrica, shall be responsible for:

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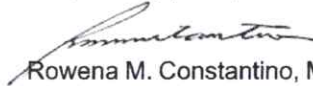
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