



PHILIPPINE ASSOCIATION FOR COUNSELOR EDUCATION, RESEARCH AND SUPERVISION, INC. (PACERS)

PRC-Accredited CPD Provider
 Department of Counseling and Educational Psychology
 De La Salle University, Taft Avenue, Manila 1004 Telephone 8536-0232

March 18, 2026

Orlando E. Manuel PhD, CESO V
 Schools Division Superintendent
 Schools Division of Nueva Vizcaya

Attention: **RONA RIA A. OBISPO**, Guidance Counselor III
LUVIMINDA M. CORDERO EdD, School Principal IV
 Nueva Vizcaya General Comprehensive High School



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Dear Ma'am/Sir:

Warm greetings from the **Philippine Association for Counselor Education, Research, and Supervision (PACERS)**! As a leading professional organization, PACERS remains steadfast in its dedication to advancing the counseling field and ensuring excellence in counselor education, research, and supervision across the Philippines. This year marks a momentous golden milestone in our history, and we are honored to invite you to the **PACERS 50th Anniversary and 2026 Annual Conference**.

Themed "**PACERS @50: Resilience, Recovery, and Renewal**," this landmark event will be held from **March 25–27, 2026**, at the **Verdure, 4th Floor Henry Sy Sr. Hall, De La Salle University, Manila**. As we celebrate five decades of shaping the landscape of Filipino counseling, we will explore how practitioners can sustain personal well-being, strengthen recovery-oriented practices, and renew the profession through reflective, evidence-based leadership.

Participants will gain valuable insights to enhance their professional practice. By the end of the conference, you will be able to discuss and apply resilience concepts to foster personal growth, integrate recent culturally grounded research into your practice, and utilize reflective supervision models that promote wellness and ethical excellence.

We encourage **PRE-REGISTRATION** to ensure a smooth and effective experience during the proceedings. Detailed registration and payment instructions are attached for your convenience. We eagerly anticipate your active participation as we celebrate 50 years of collective service and reaffirm our commitment to advancing mental health and well-being.

Sincerely,

Marissa C. Pascual, MA, RGC, RPm
 Chairperson, Annual Conference
 President, Philippine Association for Counselor Education, Research, and Supervision Inc. (PACERS)

Noted by:

Marissa S. Nicasio, PhD, RGC
 Chairperson, Philippine Association for Counselor Education, Research, and Supervision Inc. (PACERS)

MEMORANDUM	Date: 3/23/2026	Released (Records):
To: <input checked="" type="checkbox"/> PSDS/DICs	<input checked="" type="checkbox"/> Elem/Sec School Heads	
<input checked="" type="checkbox"/> Private Schools	<input type="checkbox"/> Others:	
For: <input checked="" type="checkbox"/> Information	<input type="checkbox"/> Dissemination	
<input checked="" type="checkbox"/> Guidance	<input type="checkbox"/> Strict Compliance	
ORLANDO E. MANUEL PhD., CESO V Schools Division Superintendent		
By: <input type="checkbox"/> ASBS <input type="checkbox"/> CID Chief <input type="checkbox"/> SGOD Chief <input type="checkbox"/> AO <input type="checkbox"/> Atty	Signature:	

Registration Details

Registration fees cover conference participation, snacks, lunch, conference kits, and a certificate of participation. Please note that fees are **non-refundable but transferable**.

Category	Early Bird (Until Feb 28, 2026)	Regular Rates (March 1 – March 23, 2026)
Member	PHP 6,000	PHP 6,500
Non-Member	PHP 6,500	PHP 7,000

Payment Deadline: On or before **March 23, 2026**.

How to Register

Follow the steps for easy registration:

1. Fill out the online registration through this link: <https://tinyurl.com/pacersat50reg>



2. Deposit payment to:
Account Name: **PACERS Inc.**
Current Account Number: **5272-1106-05**
Bank/ Branch: **Landbank P. Ocampo Branch**

You may use PayMaya, GCash, or Online banking for the deposit

Important Reminders

- **Exclusive Online Registration:** To ensure a smooth experience, we are strictly implementing online registration. **Walk-ins will not be accommodated.**
- **Membership Eligibility:** The Member rate applies to Members who are active from **March 2025** onwards. The deadline for new memberships or renewals is **March 3, 2026**.
- **Verification:** To verify your status, please email us at **pinoypacersmembership@gmail.com**.



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PACERS 50th Anniversary and 2026 Annual Conference
March 25 -27, 2026
 Verdure, 4th Floor Henry Sy Sr. Hall, De La Salle University, Manila

Theme: PACERS @50: Resilience, Recovery, and Renewal

Program

Day 1: March 25, 2026

Resilience: Weathering Crisis and Change

Time	Activity	Resource Person
7:15 AM - 8:00 AM	Registration	Maureen Antonette B. Ledesma, MA, RGC <i>PACERS Executive Secretary</i>
8:00 AM – 8:30 AM	Opening Ceremony	
	Philippine National Anthem	Student Artists <i>De La Salle University</i>
	Invocation	Student Artists <i>De La Salle University</i>
	Welcome Remarks	Br. Raymundo B. Suplido, FSC, PhD <i>President, De La Salle University Science Foundation Inc.</i> <i>Past President, De La Salle University</i> Christine Joy A. Ballada, PhD <i>Dean, Br. Andrew Gonzales College of Education (BAGCED)</i> <i>De La Salle University</i>
	Message from the PACERS Chairperson	Marissa S. Nicasio, PhD, RGC <i>Assoc. Professor, Department of Counseling and Educational Psychology (DCEP), Br. Andrew Gonzales College of Education (BAGCED)</i> <i>De La Salle University</i>
	Cultural Presentation	Student Artists <i>De La Salle University</i>
8:30 AM – 9:30 AM	Keynote Address Revisiting 50 years of Counselor Education, Research and Supervision and Envisioning the Next Era of Transformative and Culturally Responsive Practice in the Philippines	Rosemarie Salazar Clemeña, PhD, RGC, RPsy <i>-Founding Member and Incorporator, PACERS Inc.</i> <i>-Full Professor and University Fellow, De La Salle University</i> <i>-President, Asian Psychological Services and Assessment</i> <i>-Chairperson, School Counselors Circle</i>

9:30 AM – 10:15 AM	Plenary Talk 1 Strengthening Foundations: Key Updates on the Implementation of the Republic Act No. 12080: Basic Education Mental Health and Well-Being Promotion Act	Hon. Carmelita P. Pabiton , PhD, RGC <i>Member, Professional Regulatory Board (PRB) of Guidance and Counseling, Professional Regulation Commission (PRC)</i>
10:15 AM - 10:30 AM	Morning Break Video of PACERS 50 th Anniversary	
10:30 AM – 12:00 NN	Plenary Talk 2 The Psychology of Sustainability: Promoting Resilience through Environmentally Positive Actions	Alexandria Blake Cay Real-Pisalbo, RPsy <i>Professor, University of Northern Philippines PAP Environmental Psychology SIG</i>
12:00 NN – 1:00 PM	Lunch Intermission	Pericos Catering Student Artists De La Salle University
1:00 PM – 2:30 PM	Panel Discussion 1 Building Resilience and Sustainable Communities: The Role of Families and Counselors. Speaker 1: Mediation and Relational Efficacy: Strengthening the Family as the Building Block of Community Resilience Speaker 2: Family Resilience: Evidence-Based Strategies for Intergenerational Coping in Times of Crisis	Speaker 1: Aime T. Guarino, PhD, RPsy, RGC <i>Chairperson, Department of Counseling and Educational Psychology (DCEP), Br. Andrew Gonzales College of Education (BAGCED) De La Salle University</i> <i>Family Mediator, Supreme Court</i> Speaker 2: Joan Mae G. Perez-Rifareal, MD, FPPA <i>President, Philippine Psychiatric Association (PPA), 2025-2026</i>
2:30 PM – 2:45 PM	Afternoon Break/ Snacks	Pericos Catering
2:45 PM – 4:15 PM	Plenary Talk 3 From Neglect to Renewal: Advancing Counseling Supervision in the Philippines for a More Resilient Profession	Jose Alberto S. Reyes, PhD, RPsy <i>Full Professor, Department of Counseling and Educational Psychology (DCEP), Br. Andrew Gonzales College of Education (BAGCED) De La Salle University</i>
4:15 PM – 5:00 PM	PACERS General Assembly and Election	Asuncion Clara Pantaleon, MA, RGC - <i>PACERS Corporate Secretary</i> Marissa C. Pascual, MA, RGC, RPsM <i>PACERS President</i> Vanessa Agriz, MA, RGC <i>PACERS Treasurer</i> PACERS Board of Directors 2026-2027 Election <i>PACERS COMELEC</i>
5:30 PM – 7:30 PM	50th Anniversary Celebration Welcome Opening Remarks & Acknowledgment of the PACERS Founding Members/ Incorporators and the Past Board of Directors PACERS: Then and Now DLSU Student Artists Performances Trivia: "PACERS 50 Years" Recognition of Founders, Past Officers & Awards Toast and Dinner Oathtaking of the PACERS BOD 2026-2027 Raffle Draw	-The Conference Participants -The Speakers -The Founding Members and Officers of PACERS -The Lifetime Members of PACERS -The Past PACERS Bord of Directors - The PACERS Board of Directors and Committee Members, 2025-2026 -The Conference Partners: De La Salle University Br. Andrew Gonzales College of Education (BAGCED) & Counseling and Psychological Services (CPS)

	Closing & Group Photo Farewell & Keepsakes	-De La Salle University Student Artists and Green Media Group -The De La Salle University - Counseling and Psychological Services (CPS) Interns and Mental Health Task Force
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Day 2: March 26, 2026

Recovery: Healing People, Community and Systems

Time	Activity	Resource Persons
7:30 AM - 8:00 AM	Registration	Maureen Antonette B. Ledesma, MA, RGC <i>PACERS Executive Secretary</i>
8:00 AM – 9:30 AM	Plenary Talk 4 Beyond the Crisis: Clinical and Systemic Pathways to Trauma-Informed Recovery	Charlene R. Lucas, RPsy, TITC-CT, CCT, CSAT, CSIOP, MT, DAAETS <i>Founder, Master Traumatologist Traumatology Institute and Psychological Services, Philippines</i>
	Morning Snacks	Pericos Catering
9:30:00 AM - 11:00 AM	Plenary 5 Building Caravans of Hope: Theory and Evidence for Locus-of-Hope Enhancement Program (LEAP) for Well-Being	Allan B. I. Bernardo, PhD <i>University Fellow and Full Professor, Psychology Department De La Salle University</i>
11:00 AM – 12:00 NN	Lunch	Pericos Catering
12:00 NN – 1:30 PM	Plenary 6 Caring for the Caregivers: AI in Mental Health Work	Marissa S. Nicasio, PhD, RGC <i>Assoc. Professor, Department of Counseling and Educational Psychology (DCEP), Br. Andrew Gonzales College of Education (BAGCED) De La Salle University</i>
2:00 PM – 5:00 PM	Concurrent Workshops (Afternoon Snacks will be served at 3:00 PM)	
	Workshop 1 The Mindful Practitioner: Neuro-Clinical MBSR Strategies for Counselor Renewal and Resilience	Jannel Gatlabayan - Cleto, M.D, FPPA <i>Department of Psychiatry, The Medical City Venue: Verdure, HSSH</i>
	Workshop 2 Beyond Stability: Guiding Clients Toward Meaningful and Sustained Recovery	Niko Marco G. Gagolinan, MA, RGC Anna Marie S Bayot, MA, RGC <i>University Counselors De La Salle University Venue: Conference Room 402, HSSH</i>
	Workshop 3 The Resilient Practitioner’s Toolkit: Science-Based Happiness Interventions for Client Renewal.	Rosalie E. Cataquis, MA, RGC, LPT <i>University Counselor De La Salle University Venue: ITEO Room, 4F HSSH</i>

Day 3: March 27, 2026

Renewal: Innovating towards a Sustainable and Mentally Healthy Future.

Time	Activity	Resource Person
7:30 AM - 8:00 AM	Registration	Maureen Antonette B. Ledesma, MA, RGC <i>PACERS Executive Secretary</i>
8:00 AM – 9:30 AM	Plenary Talk 7 Advocating for Counseling Research as a Sustainability Strategy. From Panic to Praxis: Redesigning Professional Counseling Career for Sustainability	John Addy Garcia, PhD <i>Professorial Lecturer, Department of Counseling and Educational Psychology (DCEP), Br. Andrew Gonzales College of Education (BAGCED) De La Salle University</i>
9:15 AM – 9:30 AM	<i>Morning snacks will be served</i>	Perico's Catering
9:30 AM – 10:30 AM	Paper Presentation	Marissa S. Nicasio, PhD, RGC Khristine Lim, MA, RGC <i>PACERS Research Committee</i>
10:30 AM – 12:00 NN	Plenary Talk 8 The Researcher's Journey: Cultivating Self-Regulation and Sustenance in Academic Inquiry	Jerome A. Ouano, PhD <i>Graduate Program Coordinator Professor, Department of Counseling and Educational Psychology (DCEP), Br. Andrew Gonzales College of Education (BAGCED) De La Salle University</i>
12:00 NN – 1:00 PM	Open Ceremony Synthesis Save the Date: PACERS Midyear Conference Announcement of the PACERS Board 2026-2027 Closing Remarks Evaluation Lunch	Marissa C. Pascual, MA, RGC, Rpm <i>PACERS President</i> Khristine Lim, MA, RGC <i>PACERS Board Member/ Research Committee</i>