DepEd Regional Office No. 02
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REGIONAL OFFICE
RECEIVED
DATE: 2-18-26
BY:
RECORDS SECTION

Date: February 16, 2026

To: **MR. BENJAMIN D. PARAGAS**
Regional Director
Department of Education - Region II

Re: Request for Advisory for the 2026 International Physical Education Convention (IPEC)

DEPARTMENT OF EDUCATION
RECEIVED
Date: 11 MAR 2026
Time: 2.29
By:
DIVISION OF NUEVA VIZCAYA

Dear Mr. Paragas:

Greetings of peace!

1PhysEd.Ph is a professional training and development service provider (DTI Registration No. 1921721; BIR Registration No. 276-646-795-0000; PRC Accreditation No. PTR 2021-344). We are committed to honing, inspiring, and innovating morally upright physical education teachers, equipping them with the necessary, up-to-date, and relevant competencies to deliver world-class programs in their respective schools.

Following the remarkable success of our 2025 convention in Cebu City, which gathered nearly 700 participants, we are now preparing for the 2026 International Physical Education Convention (IPEC). This upcoming event is themed *"Elevating Philippine Physical Education: Leading Innovation, Impact, and Excellence on the Global Stage"* and will be held from May 5 to 9, 2026, at the University of Southeastern Philippines (USeP) and the Lyceum of the Philippines - Davao (LPU-Davao). This convention is organized in collaboration with our esteemed institutional partners in the Davao Region.

The 2026 IPEC aims to bring together educators, administrators, and researchers to share insights and best practices. A core component of this year's program is the specialized workshop training focusing on the:

- DepEd MATATAG Physical Education and Health Curriculum (K-10)
- Senior High School Health Optimizing Physical Education (H.O.P.E.) Curriculum
- Special Program in Sports (SPS)
- Tertiary Service PE: Physical Activity Towards Health and Fitness (PATHFIT)

Our goal is to assist physical educators in mastering these curricula to ensure effective implementation and improved student outcomes. Furthermore, the convention will feature "1PhysEd Talks" and plenary sessions led by international partners, providing a global perspective on emerging trends in PE, health, recreation, and sports science.

On the final days of the convention, we will also offer professional courses for emerging and non-mainstream sports, including floorball, orienteering (outdoor adventure), and jump rope. These certifications are designed to enhance teachers' professional qualifications and broaden the sports options available to students across the country.

In light of this, we humbly request the issuance of a DepEd Advisory to inform the field—specifically Physical Education and Health (PEH) teachers, supervisors, and school heads—of this activity. This support will greatly assist our teachers in obtaining the necessary permissions to participate in this significant professional development opportunity.

Attached is the tentative program of excellence for your reference.

Thank you for your continued support of the professional growth of our Filipino educators. We look forward to your favorable response.

Yours truly,

Ms. Venzus Joan H. Eclarinal
Secretary General
1PhysEd.Ph

Noted By:

Mr. Jay-R L. Beterbo
Founder/Program Director
1PhysEd.Ph

March 10, 2026

To: **ALL SCHOOLS DIVISION SUPERINTENDENTS**

In view of this aforementioned activity, this Office reiterates that the participation of public and private schools is voluntary and shall be subjected to the non-disruption-of-class policy as stipulated in DepEd Order No. 9, s. 2005 entitled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.

BENJAMIN D. PARAGAS PhD, CESO III
Director IV/ Regional Director

For the Regional Director:

ATTY. JOSE MARIO M. MACARILAY
Chief Administrative Officer

DEPED REGIONAL OFFICE 02
RELEASED
DATE: 03-11-2026
BY:
RECORDS SECTION

MEMORANDUM	Date: 3/11/24	Released (Records):
To:	( ) PSDS/DICs	(✓) Elem/Sec School Heads
	( ) Private Schools	(✓) Others:
For:	( ) Information	( ) Dissemination
	(✓) Guidance	( ) Strict Compliance

ORLANDO E. MANUEL PhD., CESO V
Schools Division Superintendent

By: ASDS CID Chief SGOD Chief AO Atty Signature: