

University of the Philippines Manila Health Sciences and Pre-Medicine Society



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10 February 2026

Benjamin D. Paragas
Regional Director
Department of Education Region II (Cagayan Valley)

Dear Dr. Paragas:

Greetings from the UP Health Sciences and Pre-Medicine Society of the University of the Philippines Manila!

The UP HS+PM Soc remains steadfast in its commitment to providing a conducive avenue for aspiring physicians and healthcare workers through our events and projects. Our organization prides itself on upholding the core values of camaraderie, compassion & service, empowerment and holistic excellence, which all contribute to fostering excellence in the health sciences. Since its founding in 2011, the UP HS+PM Soc has been one of the leading organizations in UP Manila, dedicated to fostering leadership skills, cultivating excellence among future healthcare professionals, and advocating for quality and accessible healthcare for all Filipinos. In accordance with these aspirations, the UP HS+PM Soc has been a founding member of **The Alliance of Philippine Pre-Medical Societies (APPSoc)** and an **Accredited Youth Organization by SOSN Youth Philippines (AYO)**. Through unwavering support, we strive to empower individuals to excel in their healthcare journeys and make meaningful contributions to the medical and healthcare fields.

This coming April 18, 2026, UP HS+PM Soc's Department of Service, Education, and Research will conduct its annual **RESEARCH SUMMIT**. Research Summit serves as a platform for students to increase awareness and knowledge about the dynamic fields of health sciences. Currently in its third year, Research Summit facilitates an event where aspiring scientists, particularly high school students from various schools, converge to showcase their innovative ideas, engage in intellectual discourse, and receive recognition for their scientific endeavors.

The theme of Research Summit 2026 is **"At the Heart of Health: Advancing Health, Science, and Society"**. Senior High School students will be given a chance to present their remarkable research **face-to-face** during the morning session, serving as an avenue to exhibit their novel ideas. Additionally, a **Health Sciences Quiz Bee for UP Manila Undergraduate** students will be administered in the afternoon session, which will foster critical thinking.

UP Health Sciences and Pre-Medicine Society

K/A Page 13 of 13

uphs+pm@gmail.com

February 12, 2026

To: Schools Division Superintendents

For your information and appropriate action.

BENJAMIN D. PARAGAS PhD, CESO III
Director IV/Regional Director

MEMORANDUM		Date: 2/14/24	Revised: [Signature]
To:	☒ PSDS/DICs	☒ Elem/Sec School Heads	
	☐ Private Schools	☐ Others:	
For:	☒ Information	☐ Dissemination	
	☒ Guidance	☐ Strict Compliance	
ORLANDO E. MANUEL PhD., CESO V Schools Division Superintendent			
By:	☐ ASD	☐ OIC/Asst. Dir.	☐ OIC/Asst. Dir.

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625 Pardo del St. Email: hs+pm@up.edu.ph

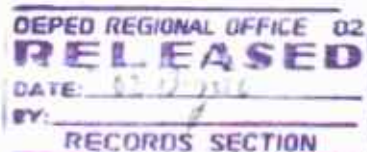
or hs+pm@up.edu.ph

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BENJAMIN D. PARAGAS PhD, CESO III
Director IV/Regional Director



Sheriwell Yuri L. Cheng
Director General

Ma. Frances Molra Z. Cruz
Associate Director for Health Sciences

Mar Alvin A. Rillas
Associate Director for Pre-Medicine

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Rhiza Mae D. Trinidad
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University of the Philippines Manila

Health Sciences and Pre-Medicine Society



DepEd Regional Office No. 02



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Office SECTION

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collaboration, and knowledge application in the fields of health sciences and research.

In this regard, we respectfully request your esteemed office's official endorsement and support for this significant event. Through your assistance, senior high school students within your region/division can be informed about this opportunity and encouraged to actively participate. We believe that this initiative aligns with the Department of Education's commitment to holistic education and the development of students' academic and leadership potential.

For your reference, we have attached a primer of the event containing more details regarding Research Summit 2026. Should you require further details or clarifications, please feel free to contact **Alchris Marie D. Ceballos** at +63 967 427 2339 or adceballos@up.edu.ph / uphspmressummit@gmail.com. We look forward to your favorable response and continued support in advancing education for the youth.

Thank you for your time and attention to this matter.

In the name of health and service,



Alchris Marie D. Ceballos

Project Head, Research Summit 2026
Secretary for Service, Education, and Research
UP Health Sciences and Pre-Medicine Society



Shariwell Yuri L. Cheng

Director-General
UP Health Sciences and Pre-Medicine Society

Endorsed by:



Vivien Fe F. Fadrian-Camacho, MD, MPH, FPAFP
Adviser
UP Health Sciences and Pre-Medicine Society

