



Republic of the Philippines  
**Department of Education**

Region II – Cagayan Valley  
Schools Division of Nueva Vizcaya

January 20, 2026

DIVISION MEMORANDUM

No. 27 s. 2026

**CONDUCT OF THE 2026 DOH ORAL HEALTH MONTH CELEBRATION**

To: Assistant schools Division superintendent  
Chief-School Governance Operations Division  
Chief-Curriculum Implementation Division  
Public Schools District Supervisors/ District In-Charge  
All Others Concerned

1. In line with the promotion of health and well-being among learners, this Office, through the **SGOD-SHNU**, shall spearhead the conduct of the **DOH Oral Health Month Celebration on February 19, 2026, 9:00 AM** with the theme "**Oral Health Month Celebration: Ngiting Vizcayano, Panalo!**" at the **LGU-DepEd Gym, Bayombong, Nueva Vizcaya**.
2. The activity aims to raise awareness of proper oral hygiene and preventive practices among school children. The program's purpose is also to educate learners on the importance of oral health as an integral part of overall health and well-being.
3. The activity will involve **Grade 6 learners** from various Elementary schools within Bayombong, Nueva Vizcaya.
4. The program of activities also includes the following components:
  - a. Service Delivery: This includes Ceremonial Fluoridization (Fluoride Varnish Application) and Pit and Fissure Sealant procedures conducted by the DOH, PDA-NVIC and SDO dental teams.
  - b. Educational Booths: Interactive booths and games will be provided by the DOH Regional Office (CVCHD).
5. A major highlight of the event is the "**Ngiting Vizcayano, Panalo! Jingle and Dance Competition**." This contest is open to all elementary schools in Nueva Vizcaya. The mechanics are as follows:
  - 5.1 Composition: Each group must consist of 5 to 10 members with one teacher/adult adviser.
  - 5.2 Performance: A 2–3 minute original jingle and dance presentation.
  - 5.3 Content: Lyrics must focus on oral hygiene (e.g., brushing teeth, visiting the dentist, avoiding sugar).



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**5.4** Criteria: Relevance (30%), Creativity (25%), Performance (25%), Clarity (10%), and Teamwork (10%).

**5.5** Prizes

Annex C.

Breakdown of Cash Prize

Champion	18,000.00
1st Runner Up	14,000.00
2nd Runner Up	11,000.00
Best Oral Health Jingle	6,000.00
Best Dance Performance	6,000.00
Consolation Prize (5 groups)	3,000 * 5 = 15,000.00
Total	70,000.00

6. The Medical Officer, Dentists, Nurses and Dental Aides of School Health and Nutrition Unit (SHNU) are tasked to lead the coordination, invitation of schools, and supervision of health services during the event. For inquiries, please send an email at [aaronpaul.bernas@deped.gov.ph](mailto:aaronpaul.bernas@deped.gov.ph).

7. Booths, Prizes, Kits, Meals & Snacks will be provided by DOH-CVCHD.

8. For dissemination and strict implementation.

**ORLANDO E. MANUEL PhD, CESO V**  
Schools Division Superintendent

01-2026-36





Republic of the Philippines  
Department of Health

**CAGAYAN VALLEY CENTER FOR HEALTH DEVELOPMENT**

January 09, 2026

**BENJAMIN D. PARAGAS, PhD, CESO III**  
Director IV  
Department of Education - Regional Office 2  
Carig Sur, Tuguegarao City, Cagayan

**THRU: Dr. Orlando E. Manuel, CESO V**  
Schools Division Superintendent  
Schools Division Office - Nueva Vizcaya, Cagayan

Dear Director Paragas:

The Cagayan Valley Center for Health Development, through its Health Promotion Unit, will be conducting the **Oral Health Month Celebration on February 19, 2026, at Bayombong, Nueva Vizcaya**. In this regard, we respectfully request your kind assistance in the following:

1. Invitation and collaboration with the Schools Division Office of Nueva Vizcaya for the successful implementation of the said activity;
2. Facilitation of the invitation of participating schools, including both Last Mile Elementary Schools and Non-Last Mile Elementary Schools;
3. Invitation to Dr. Aaron Paul D. Bernas, DCC DE, Dental Officer II, to serve as a resource speaker; and
4. Coordination with organizations or institutions that may provide service delivery, particularly those that can offer medical assistance during the activity.

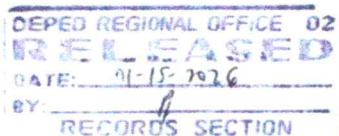
The Oral Health Month Celebration aims to raise awareness on the importance of proper oral hygiene and preventive oral health practices among schoolchildren and the community. It seeks to promote healthy behaviors, prevent common oral diseases such as dental caries and periodontal conditions, and strengthen access to oral health services through education, advocacy, and service delivery activities.

Your kind support and cooperation will greatly contribute to the success of this celebration and to our shared commitment to promoting oral health awareness among learners.

For any inquiry, please do not hesitate to contact Ms. Jerika C. Miranda (+639566231573) or you may email us at [jerika.miranda@deped.gov.ph](mailto:jerika.miranda@deped.gov.ph).

Sincerely yours,

  
**FERDINAND M. BENBENEN, MD, DPCP, MHA, FPSMS**  
Director IV



DOH CAGAYAN VALLEY CHD  
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By:   
Date: 01/13/2026



DepEd Regional Office No. 02



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Date Created: 01/13/2026



January 14, 2026

To: **ORLANDO E. MANUEL, PhD, CESO V**  
SDO Nueva Vizcaya

For your information and appropriate action.

for **BENJAMIN D. PARAGAS PhD, CESO III**  
Director IV/Regional Director 