



# VALLEYGSAHAN 2026

DepEd Regional Office No. 02



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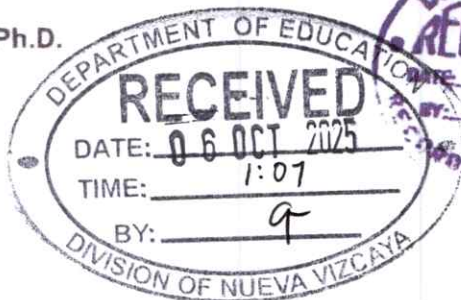
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September 25, 2025

Hon. Benjamin D. Paragas, Ph.D.  
CESO III  
Director IV/Regional Director  
DepEd Region II

Dear Dr. Paragas,

Greetings!



The **University of the Philippines Lambak** (formerly UP CVSF) is a university-based organization of UP Diliman students and alumni from Cagayan Valley (Region II), espousing a scholarly and service-oriented thrust geared towards academic excellence and the advancement of the social, cultural, political, and economic condition of the region, in particular, and the country, in general.

With that, UP Lambak will be holding Valleygsahan 2026 with the theme **"Iti Panagsubli: Ripples of Change Return to their Source"** on **January 10-11 (Saturday to Sunday), 2026** in **Tuguegarao City**, where we are planning to host it in **Tuguegarao Northeast Central Integrated School** in what would be the **face-to-face return** of the competition **after 5 years**. Valleygsahan is an annual regional competition for elementary and secondary students, allowing them to showcase and demonstrate their scholastic and artistic merits. Taken from the words *valley* and *paligsahan*, Valleygsahan promotes the zeal of students in this "Paligsahan sa Cagayan Valley".

This competition aims to unite the youths of Region II through a spirited and dynamic context that can give them the chance to enhance, evaluate, and exhibit their critical thinking skills, creative vision, and social awareness in an effort to foster excellence and a passion for service. The events in this gathering include the:

- Quiz Show,
- Traditional/Digital Poster Making,
- Essay Writing/Pagsulat ng Sanaysay,
- Extemporaneous Speech/Dagliang Talumpati,
- Debate, and
- Short Filmmaking.

Accordingly, we humbly request from your good office an **official event endorsement and aid in inviting various Divisions in the region by issuing a DepEd memorandum or advisory**. The



UP Lambak



uplambak



uplambak.cvsf@gmail.com

## VALLEYGSAHAN 2026 STEERING COMMITTEE

MIKAELA DONATO  
JULIAN GREG AGUSTIN  
Overall Co-Heads

CHARLYN GUILAO  
Finance Head

SAMUEL MAMANAO  
Technicals Head

ALEX ZHANDER CORDOVA  
Logistics Head

JULIAN GREG AGUSTIN  
Externals Head

CYRENE LEANDER NAVALTA  
Creatives Head

MIKAELA DONATO  
KARYLLE MAE BINAYUG  
Programs Co-Heads





# VALLEYGSAHAN 2026



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gratification of the event's objectives greatly depends on the participation of different schools and students. The support from your office is a key to this event's success. Please find herewith attached the General Guidelines and Mechanics of Valleygsahan 2026.

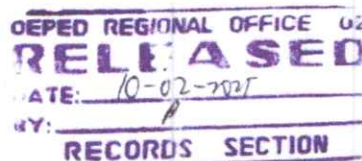
Should there be any inquiries and concerns, please feel free to contact our organization via email ([uplambak.cvsf@gmail.com](mailto:uplambak.cvsf@gmail.com)). You may also contact our Overall Co-Heads, Mikaela Donato (09270476809) or Jullian Greg Agustin (09063540934). Additionally, you may contact us through our Facebook page (<https://www.facebook.com/UPLambak>) where updates and announcements are also posted.

Thank you so much for your time, and we look forward to your positive response.

Jullian Greg R. Agustin  
External Affairs Head  
Overall Co-Head  
Valleygsahan 2026

Mikaela E. Donato  
Programs Co-Head  
Overall Co-Head  
Valleygsahan 2026

Mikaela Cielo B. Pascual  
Chairperson  
UP Lambak



October 1, 2025

To: **ALL SCHOOLS DIVISION SUPERINTENDENTS**

In view of this aforementioned activity, this Office reiterates that the participation of public and private schools is voluntary and shall be subjected to the non-disruption-of-class policy as stipulated in DepEd Order No. 9, s. 2005 entitled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.

BENJAMIN D. PARAGAS PhD, CESO III  
Director IV/ Regional Director

MEMORANDUM		Date: 10/7/25	Released (Records):
To:	( ) PSDS/DICs	( ) Elem/Sec School Heads	
	( ) Private Schools	( ) Others:	
For:	( ) Information	( ) Dissemination	
	( ) Guidance	( ) Strict Compliance	
ORLANDO E. MANUEL PhD., CESO V Schools Division Superintendent			
By:	ASDS	CID Chief	SGOD Chief
	AO	Atty.	Signature: