



**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.**  
*The Accredited Professional Organization of the Professional Regulation Commission,*

March 18, 2025



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2024-2025

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**DR. BENJAMIN D. PARAGAS**  
Regional Director  
Department of Education - Region II  
Carig, Tuguegarao City, Cagayan

Dear Dr. Paragas:

Warm greetings!

The Philippine Guidance and Counseling Association, Inc. (PGCA), the Accredited Integrated Professional Organization Commission, will hold its 60<sup>th</sup> Annual National Conference and 2025 International Conference on May 21-23, 2025 at The Manila Hotel and St. Scholastica's College Manila. The theme of this year's annual conference is "PGCA Legacy: Stories to Conquer New Glories". The theme celebrates six decades of PGCA's commitment to the advancement of the guidance and counseling profession in the country. It encourages counselors, psychologists, psychometricians, social workers, and other helping professionals to reflect on the rich history of PGCA while embracing innovation and excellence in the field of guidance and counseling.

In view of this, we kindly request the issuance of a **DepEd memorandum or advisory** to facilitate the participation of Philippine HEIs guidance counselors/ advocates, supervisors/heads of counseling office, social workers, psychometricians, psychologists, and faculty members in this three-day conference.

If you have any questions, feel free to contact us at (02) 5310-4374 or via email at [pgcasecretariat@gmail.com](mailto:pgcasecretariat@gmail.com) (cc: [bssoliman@tau.edu.ph](mailto:bssoliman@tau.edu.ph)).

We sincerely appreciate your support to the Philippine Guidance and Counseling Association, Inc.

Thank you and God bless.

Sincerely yours,

**BENNY S. SOLIMAN, PhD, RGC, RPsy, RPhm, LPT**  
National Vice President for Internal Affairs  
Chair, Conference and Program

Noted by

March 27, 2025

To: **Schools Division Superintendents**  
All others concerned

**ADVISORY**

For information.

*[Signature]*  
**BENJAMIN D. PARAGAS PhD, CESO III**  
Director IV/Regional Director

hrdd/rbc/lbc

<b>MEMORANDUM</b>		Date:	Released (Records):
To:	<input checked="" type="checkbox"/> PSDS/DICs	<input checked="" type="checkbox"/> Elem/Sec School Heads	
	<input type="checkbox"/> Private Schools	<input checked="" type="checkbox"/> Others: <b>GCS</b>	
For:	<input checked="" type="checkbox"/> Information	<input checked="" type="checkbox"/> Dissemination	
	<input checked="" type="checkbox"/> Guidance	<input type="checkbox"/> Strict Compliance	
<b>ORLANDO E. MANUEL PhD., CESO V</b>			
Schools Division Superintendent			
By:	<input type="checkbox"/> Secy	<input type="checkbox"/> CIB Chief	<input type="checkbox"/> SGDD Chief
	<input type="checkbox"/> AO	<input type="checkbox"/> Atty	Signature: <i>[Signature]</i>





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Room 107 Philippine Soc. DepEd Regional Office No. 02 11th Ave., Diliman, Quezon City  
[www.pgcainc.com](http://www.pgcainc.com) | [pgcas.org](http://pgcas.org) 5310-4374 | CP: 09615185164



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March 18, 2025



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Warm greetings!

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*Chair, Conference and Program*

Noted by: \_\_\_\_\_





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17 February 2025

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Dear Colleagues:

Warm greetings!

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This year's conference will feature eight dynamic plenary sessions on Day 1 and Day 2, along with sixteen engaging simultaneous workshops. These sessions and workshops will offer helping professionals an invaluable platform to learn from thought leaders, share best practices, and collaborate with peers in the field, fostering both personal and professional growth.

In view of this, we are delighted to extend an invitation for you to join us at the conference. Below are the details regarding registration fees:

	<b>Early bird Rate until <u>March 31, 2025</u></b>	<b>Regular Rate until <u>April 30, 2025</u></b>	<b>Onsite Rate until <u>May 16, 2024</u> (limited slots only)</b>
PGCA Member	P 7,000.00	P 7,500.00	P 8,500.00
Non-Member	P 7,500.00	P 8,000.00	
Graduate Student (Member)	P 6,300.00	P 6,750.00	P 7,200.00
Graduate Student (Non-Member)	P 6,750.00	P 7,200.00	
PWD and Senior Citizen (Member)	P 5,600.00	P 6,000.00	P 6,400.00
PWD and Senior Citizen (Non-Member)	P 6,000.00	P 6,400.00	

The registration fee provides exclusive access to 8 engaging plenary sessions and 2 interactive workshops, as well as a certificate of participation. Participants will receive a conference kit, including the PGCA Journal compendium, souvenir program, e-newsletter, and an event t-shirt. Throughout the 3-day conference, participants will enjoy AM and PM snacks, along with a



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Payment of registration fee can be made through the following:

**Bank of the Philippine Island (BPI)**

Account Name: Philippine Guidance and Counseling Association, Inc.  
Account Number: 2283-1077-04

**Philippine National Bank (PNB)**

Account Name: Philippine Guidance and Counseling Association, Inc.  
Account Number: 1086-7000-3964

**E-Wallets (GCash, PayMaya)**

Please use **PGCA, Inc.** as the account name whenever you deposit via *bank transfer*.

Please complete your registration by following this

<https://tinyurl.com/PGCA60thPreRegForm>

Alternatively, you can access the registration form by scanning the QR code below:



For requests related to personal invitations, please complete the Google form using this link <https://tinyurl.com/PGCA60thPersonalInvForm>

For further inquiries, you may call us at (02) 5310-4374 or email at [pgcasetcretariat@gmail.com](mailto:pgcasetcretariat@gmail.com).

We look forward to welcoming you to the conference and are excited to have you join us. See you there!

Thank you and God bless.

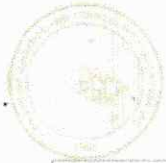
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12:00-1:00PM	Business Meeting Presentation of Candidates for the Election of PGCA Board of Directors (BODs) Presentation of Accomplishment and Financial Report Launching of the Compendium Launching of the coffee table Lunch Break
1:00-2:30PM	<b>Plenary Session 3: Promoting Inclusive Counseling Practices: Addressing the Needs of Students from Diverse Background</b> Speaker: Dato' Dr. Abd Halim Bin Mohd Hussin
2:30-4:00PM	<b>Plenary Session 4: Strengthening Collaborative Efforts: Building Alliance Between Counselors, School Administrators, and Parents</b> Speaker: Dr. Rowena V. Banes
4:00-5:00PM 5:00PM – 6:00PM	COMELEC Announcement of Winners Election of PGCA Board
6:00-8:00PM	Fellowship Night (retro theme 60's) Awards Night

## Day 2: May 22, 2025 @ St. Scholastica's College

Recap (7:30-8:00)	Dr. Benny S. Soliman, RGC, RPsy. Vice President for Internal Affairs, PGCA National
8:00-9:30	<b>Plenary Session 5: The Role of Counseling in Enhancing Employee Well-being and Productivity</b> Speaker: Dr. Julian R. Montano
9:30-11:00	<b>Plenary Session 6: Trauma-Informed Counseling in the Workplace: Addressing Employee Burnout and Trauma</b> Speaker: Dr. Lourdes C. Medina
11:00-1:00PM	<b>CBL Amendment</b> Presentation of the New BODs (Sponsors Presentation) Lunch Break
1-2:30	<b>Plenary Session 7: Community-Based Counseling: Strategies for Supporting Mental Health at the Grassroots Level</b> Speaker: Dr. Dinah Nadera
2:30-4:00	<b>Plenary Session 8: Family Counseling in the Community: Strengthening Relationships and Support Systems</b> Speaker: Dr. Myrna Sanchez
4-5PM	Panel Discussion ( Synthesis and Announcements/Reminders for the Workshop)

## Day 3: May 23, 2025 @ St. Scholastica's College Simultaneous Workshops/ Learning Sessions

Workshop 1	<b>Best Practices in Counseling</b> AM: 5 Best Practices PM: 5 Best Practices
Workshop 2	<b>Paper Presentations</b> AM: 9 Presenters PM: 9 Presenters
Workshop 3	<b>Expressive Therapy Through Music</b> Speaker: ERNESITA CORPUZ, MAEd, RGC, RPh, LPT. Clinical Manager, Emotional Wellbeing Solutions - PH Hub/ Optum Global





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Workshop 4	<p><b>Expressive Therapy Through Art</b>            Speaker: NANCY C. RAZON, RGC.            Counselor, RMT- Center for Family Ministries</p>
Workshop 5	<p><b>Emerging Techniques in Brief Counseling/Solution-Focused Brief Therapy</b>            Speaker: MARIA ANGELA "JELLY" VIRATA, RGC, RPsy.            Psychologist, In Touch Community Services</p>
Workshop 6	<p><b>Culturally Responsive Counseling: Embracing Diversity and Inclusion</b>            Speaker: LIBERTY R. VALENCERINA, RGC.            School Counselor, Upper School Directive Team            Everest International Academy</p>
Workshop 7	<p><b>Rhythm Dance Movement Therapy and Yoga as Wellness Approaches</b>            Speaker: DR. CALVIN DAVE D. GANUB            Full Professor 3/ Guidance Counselor            University of St. La Salle</p>
Workshop 8	<p><b>Generational Counseling for Gen Z and Gen Alpha in the Digital Age</b>            Speaker: DR. CHRIS JOHN BEDORIA            Guidance Service Specialist, University of the Philippines Diliman</p>
Workshop 9	<p><b>Psychospiritual Approach to Mental health</b>            Speaker: FR. ARSENIO A. LUMIQUED, JR., MSC.            Missionary of the Sacred Heart, MSC Formation House, Surigao City</p>
Workshop 10	<p><b>Digital Wellness</b>            Speaker: MAE R. RAFANAN, RGC.            Student Formation Services Manager, CIIT College of Arts and Technology</p>
Workshop 11	<p><b>Addressing Mental Health Challenges: Navigating Cyberbullying, Suicide, and Substance Use</b>            Speaker: DR. JOSIE BANAGLORIOSO            Psychologist, In Touch Community Services</p>
Workshop 12	<p><b>Collaboration Strategies with Mental Health Professionals</b>            Speaker: DR. GLADIOLA A. EJE-DIMACULANGAN            Director, Counseling and Psychological Wellness Center, University of Batangas</p>
Workshop 13	<p><b>Developing and Implementing Peer Facilitators' Program</b>            Speaker AM: Mr. Danilo N. Talusan, RGC.            Guidance Counselor, Far Eastern University- Manila            Auditor, PGCA National</p> <p>Speaker PM: and Ms. Ma. Honey Belle B. Vicencio, RGC.            Guidance Counselor, National University- Manila            Assistant Secretary, PGCA National</p>
Workshop 14	<p><b>Artificial Intelligence and Technology in Counseling</b>            Speaker: CHRISTINE LOURDES P. LABAYEN, RGC.            Guidance Coordinator, St. Scholastica's Academy- Bacolod</p>
Workshop 15	<p><b>Case Conceptualization in Counseling</b>            Speaker: DR. JACLYN MARIE L. CAUYAN            Director, Office of Counseling and Guidance, University of the Philippines Diliman            P.R.O., PGCA National</p>
Workshop 16	<p><b>Professional Upscaling in a Continually Changing World</b>            Speaker: DR. EVANGELINE AGUILAN            Former President, Philippine Guidance and Counseling Association</p>