



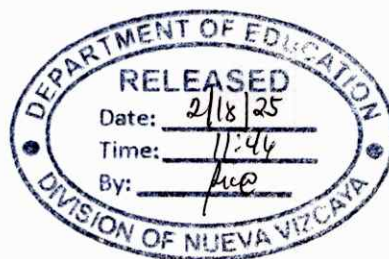
Republic of the Philippines  
**Department of Education**  
Region II – Cagayan Valley  
SCHOOLS DIVISION OF NUEVA VIZCAYA

DIVISION MEMORANDUM

No. **87**, s. 2025

TO: Assistant Schools Division Superintendent  
Chief-Schools Governance and Operations Division  
Chief- Curriculum Implementation Division  
Public Schools District Supervisors  
Principals/School Heads  
School Health Section  
All Others Concerned

FROM: **ORLANDO B. MANUEL Ph.D., CESO V**  
Schools Division Superintendent



DATE: February 14, 2025

SUBJECT: **GUIDELINE FOR PROJECT D.A.R.T.H. (Daily After Recess Toothbrushing Habit) and PROJECT D.E.L.T.A. (Daily Engagement of Learners on the after lunch Toothbrushing Activity)**

**GUIDELINES:**

1. The Schools Division of Nueva Vizcaya adheres to the mandates of the Philippine Dental Association (PDA) to make toothbrushing a habit for learners with the theme “**Brushing is Key sa Ngiting Healthy**”. It has been a perennial issue that dental caries ranks number one (1) ailment amongst school children. Through integration in the curriculum, the **Daily After Recess Toothbrushing Habit (D.A.R.T.H.)** for Kindergarten learners and the **Daily Engagement of Learners on the after lunch Toothbrushing Activity (D.E.L.T.A.)** for grades 1-V1 learners there will be a remarkable decrease in the prevalence of dental caries and influence the school populace in prioritizing awareness on their oral health care.

2. This will commence on February 2025 in all schools in the Schools Division of Nueva Vizcaya in celebration of the National Dental Health Month and will be evaluated through a yearly Oral Examination of learners to be able to assess the progress of the program.

3. This will also be a continuing program of the School Health Section to improve the health status of the learners with the following guidelines:

3.1 School orientations on D.A.R.T.H. and D.E.L.T.A. shall be conducted during the regular PTA meetings.



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- 3.2 Program integration to Science and MAPEH.
  - 3.3 Classroom oral health lectures are conducted by the School Health Section Dental Team during school visits.
  - 3.4 The learners are required to bring their own toothbrushes and toothpaste sachet except the beneficiaries of the BSBF program which are the Kindergarten and Grade 1 learners.
  - 3.5 Dental paraphernalia's such as toothbrushing trough/ lavatory should be functional with flowing water, availability of toothpaste with fluoride and individual toothbrushes are stored in aerated containers.
  - 3.6 Attendance is checked on a daily basis after recess for Kindergarten And after lunch for Grades 1-Grade VI.
  - 3.7 Regular monitoring by the School Health Section personnel is expected.
  - 3.8 All schools in the division are required to implement the program.
  - 3.9 Attached is the copy of the Attendance Form for Project D.A.R.T.H. and Project D.E.L.T.A.
4. For immediate dissemination



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DAILY AFTER RECESS TOOTHBRUSHING HABIT (DARTH) ATTENDANCE for Kindergarten learners

DISTRICT/SCHOOL:		MONTH																														
No	NAME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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Prepared by:

Noted by:

Monitored by:

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Class Adviser

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Principal/Sch. Head

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School Health Section Staff



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Daily Engagement of Learners on the after lunch Toothbrushing Activity (DELTA)

DISTRICT/ SCHOOL:

MONTH

No	NAME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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Class Adviser  
GRADE & SECTION \_\_\_\_\_

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Principal/Sch. Head

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School Health Section Staff