



Republic of the Philippines
Department of Education
Region II - Cagayan Valley
SCHOOLS DIVISION OF NUEVA VIZCAYA

Advisory No. 01, 2025
February 25, 2025

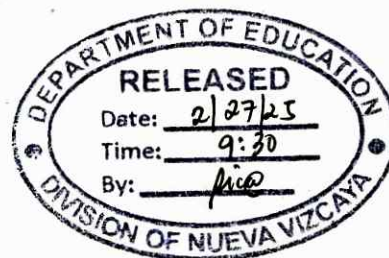
In compliance with DM-OUHROD-2025-0176, this Advisory is issued for the information and wide dissemination.

INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE OF THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.

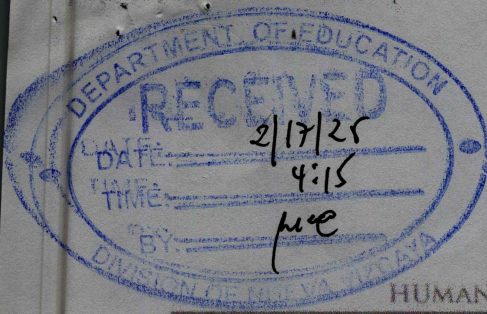
The mentioned activity will be conducted on **March 15-16, 2025, at Notre Dame of Dadiangas University, General Santos**. The participants in this conference are the DepEd guidance counselors, guidance educators and supervisors, psychologists, social workers and other mental health professionals and advocates may opt to attend subject to the conditions stated in the memorandum.

Immediate dissemination of this Advisory is desired.

ORLANDO E. MANUEL Ph.D., CESO V
Schools Division Superintendent *OR*



Address: Quezon St., Don Domingo Maddela, Bayombong, Nueva Vizcaya
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Email Address: nuevavizcaya@deped.gov.ph
Website: <https://sdonuevavizcaya.com/>

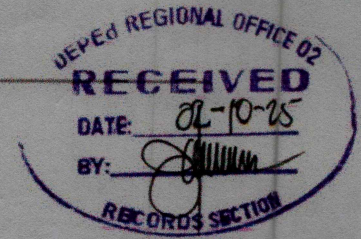


Republika ng Pilipinas

Department of Education

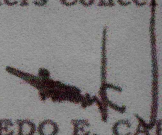
OFFICE OF THE UNDERSECRETARY


HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT



MEMORANDUM
DM-OUHROD-2025-0176

TO : Regional Directors
Schools Division Superintendents
All Others Concerned

FROM : 
WILFREDO E. CABRAL
Undersecretary for Human Resource and
Organizational Development


MALCOLM S. GARMA
Assistant Secretary, Officer-In-Charge
Office of the Undersecretary for Operations

SUBJECT : INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE
OF THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR
SOCIETY, INC.

DATE : 21 January 2025

The Iota Phi Counseling and Professional Honor Society, Inc. will hold its **38th Annual National Conference** on **May 15 to 16, 2025**, at the **Notre Dame of Dadiangas University, General Santos City**.

This year's theme: **"Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing"** is designed to address the need among mental health professionals and advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental wellbeing and cope effectively with life.

DepEd guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and advocates may opt to attend the activity subject to the following conditions:

- compliance with the applicable provisions of DepEd Order No. 046, s. 2022 titled the Amendment to DepEd Order No. 43, s. 2022 (*Omnibus Travel Guidelines for All Personnel of the Department of Education*) and Other Appropriate Orders and Guidelines on Travel;
- secure approval from respective authorities;
- participation shall not interfere with regular functions and responsibilities;
- and

- use of DepEd funds strictly adheres to the usual budgeting, accounting, and auditing rules and regulations.

For more details, please see the attached communication from the Iota Phi.

Copy furnished:
OFFICE OF THE SECRETARY

February 13, 2025

To: Schools Division Superintendents

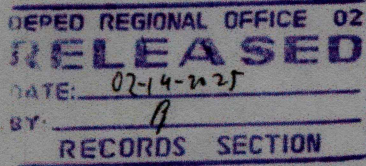
For information, immediate dissemination, and appropriate action.

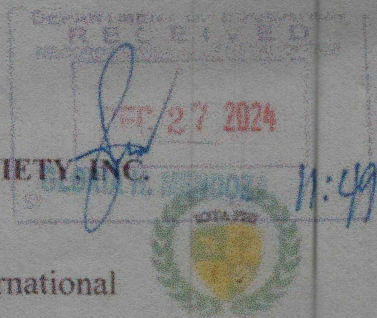
BENJAMIN D. PARAGAS PhD, CESO III
Director IV/Regional Director

For the Regional Director:

ATTY. JOSE MARIO M. MACARILAY
Chief Administrative Officer
Officer-in-Charge

HRDD/RBC/Sn





IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.

Philippine Chapter of
CHI SIGMA IOTA

Counseling Academic and Professional Honor Society International

Email address: iotaphi.counseling@gmail.com

Contact nos. 09674817648/ 09165535548/09127794477

Office Address : Holy Child Colleges of Butuan, 2nd St., Guingona Subdivision, Butuan City, Philippines

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Leticia A. Rebillon, Ph.D., RGC
Chair, Awards Committee

December 24, 2024

HONORABLE JUAN EDGARDO "SONNY" M. ANGARA

Secretary of the Department of Education

DepEd Complex, Meralco Avenue, Pasig, City

Dear Honorable Sec. Angara,

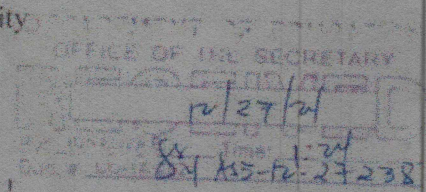
Warm Greetings from the IOTA PHI Board.!

The IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC., the Philippine Chapter of CHI SIGMA IOTA COUNSELING ACADEMIC AND PROFESSIONAL HONOR SOCIETY INTERNATIONAL based in North Carolina, USA, will be holding its 38th Annual National Conference on May 15-16, 2025, at Notre Dame of Dadiangas University, with the theme, " CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Well being ".

The Conference is designed to address the need among guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and mental health advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental well being and cope effectively with life.

The two-day Conference aims to achieve the following objectives:

1. Provide a holistic approach to understanding mental health by emphasizing the inter-relatedness of self-care, social connection and collaborative efforts in promoting mental wellness;
2. Equip participants with knowledge and practical strategies for nurturing their own mental health while fostering supportive environments for others;
3. Facilitate networking among participants to encourage partnerships that contribute to the advancement of mental health services and support systems;
4. Enhance participants skills in handling mental health related problems and issues in the school setting;
5. Challenge participants to take proactive steps toward creating healthier and more resilient environments



Relative to the above, we would like to request for the issuance of a DepEd Advisory to enable the official participation of licensed guidance counselors and those who are still working on their licenses, including teachers, homeroom advisers, guidance coordinators, principals and supervisors who are interested to attend this Conference that is highly supportive of the new law, RA 12080, otherwise known as the Basic Education Mental Health and Wellbeing Promotion Act.

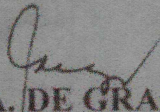
Attached herewith is a copy of our **Conference Program** with the topics that will be tackled during the Plenary Sessions by our team of highly respected professionals and experts in the field of mental health.

To cover expenses for conference and workshops such as venue rental, honorarium for speakers and workshop facilitators, conference kit, lunch and snacks for two days, as well as other operational costs, a minimal registration fee of four thousand and five hundred pesos (Php4,500.00) will be charged each participant. Registration may be done online using this link:
<https://bit.ly/IOTA2025Conference>.

For inquiries and reservation, interested participants may contact the IOTA Secretariat via email at iotaphi.counseling@gmail.com, or via mobile phone nos. 09674817648 / 09165535548 / 09127794477.

Again, on behalf of the IOTA PHI Board, I am extending our heartfelt gratitude for your usual support and kind approval of this request.

Sincerely yours,



ROSENDA A. DE GRACIA, Ed. D., Ph.D., RGC, LPT
President, IOTA PHI



IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY INC.

38th ANNUAL NATIONAL CONFERENCE

Notre Dame of Dadiangas University, General Santos City
May 15-16, 2025

CONFERENCE PROGRAM

1st Day

A.M.

- 7:00 - 8:00 - REGISTRATION
- 8:00 - 8:30 - Opening Ceremonies
- 8:30 - 9:30 - Keynote Address
"CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Wellness"
- 9:30- 10:30 - Topic 1
R.A 12080 - Basic Mental Health and Well being Promotion Act
- 10:30-10:45 HEALTH BREAK
- 10:45 -11:45 Topic 2
"Disconnecting to Reconnect (Digital and Social Detox) : A New Paradigm to Self-Care"
- 11:45-1230 OPEN FORUM

P.M.

- 1:30 -2:30 Topic 3
"Fostering Community Relationships among Counselors to Manage Conflict, and Prevent Burnout and Compassion Fatigue"
- 2:30- 3:30 Topic 4
"Integrated Approach to Manage Counselors with Borderline Personality Issues"
- 3:30 -3:45 HEALTH BREAK
- 3:45- 4:45 Topic 5
"Mindful Self-Compassion: Ways for Self-Acceptance, Build Inner Strength and Live Productive Lives"

4:45- 5:30 OPEN FORUM

**2nd Day
A.M.**

7:45- 8:00 - Morning Exercise - "Let's Get Physical"

8:00- 9:00 Topic 1
 " Building Resilience and Healing from Emotional Trauma"

9:00- 10:00 Topic 2
 **" Managing Anxiety Disorders and Depression Using Emotional
Freedom Techniques (EFT)"**

10:00-10:15 HEALTH BREAK

10:15:11:15 Topic 3
 **" Motivational Interviewing: A Collaborative Process to Support
Client Change and Growth"**

11:15- 12:00 OPEN FORUM

P.M.

1:00 -2:00 Topic 4
 "Emerging Approaches to Suicide and Substance Use Prevention"

2:00 -3:00 Topic 5
 "Building Social Support Networks to Promote Health and Wellness"

3:00-3:15 HEALTH BREAK

3:15-4:15 Topic 6
 "Wellness Assessment Tools"

4:15-5:00 OPEN FORUM

5:00-5:30 Closing Ceremonies