

# University of the Philippines Manila Health Sciences and Pre-Medicine Society



**Hannah C. Llorenas**  
Director-General

**Shariwell Yuri L. Cheng**  
Associate Director for Health Sciences

**Ariella Vianca D. Gomez**  
Associate Director for Pre-Medicine

**Rianne Gail F. Briones**  
Secretary-General

**Darlene Charm R. Vasco**  
Secretary for Communications &  
Public Relations

**Sofia Francesca R. Rodriguez**  
Secretary for Finance and Corporate Affairs

**Mikylla G. Silva**  
Secretary for Finance and Corporate Affairs

**Ma. Frances Moira Z. Cruz**  
Secretary for Logistics

**Al-Rasheed Najib Anakin A.  
Pangandaman**  
Secretary for Membership

**Mar Alvin A. Rilles**  
Secretary for Membership

**Guitar Angelo L. Cabrera**  
Secretary for Publicity and Documentation

**Tatiana Tricia P. Pua**  
Secretary for Publicity and Documentation

**Christopher Tyrese Dela Cruz**  
Secretary for Service, Education, and Research

**Juliana Thea G. Tarriela**  
College of Allied Medical  
Professions Liaison Officer

**Francine Lean U. Cheng**  
College of Arts and Sciences Liaison  
Officer

**Janielle Ryzeth Alijah M. Cruz**  
College of Dentistry Liaison Officer

**Francine M. Soberano**  
College of Nursing Liaison Officer

**Jose Luis Adan M. Marquez**  
College of Pharmacy Liaison Officer

**Jasmin Lei R. Gallamos**  
College of Public Health Liaison Officer

06 February 2025

**Benjamin D. Paragas**  
Regional Director  
Department of Education Region II (Cagayan Valley)

Dear Mx. Paragas:

Greetings from the **UP Health Sciences and Pre-Medicine Society** of the **University of the Philippines Manila**!

The **UP HS+PM Soc** remains steadfast in its commitment to providing a conducive avenue for aspiring physicians and healthcare workers through our events and projects. Our organization prides itself on upholding the core values of *camaraderie, compassion & service, empowerment, and holistic excellence*, which all contribute to fostering excellence in the health sciences. Since its founding in 2011, the UP HS+PM Soc has been one of the leading organizations in UP Manila, dedicated to fostering leadership skills, cultivating excellence among future healthcare professionals, and advocating for quality and accessible healthcare for all Filipinos. In accordance with these aspirations, the UP HS+PM Soc has been a founding member of **The Alliance of Philippine Pre-Medical Societies (APPSoc)** and an **Accredited Youth Organization by SDSN Youth Philippines (AYO)**. Through unwavering support, we strive to empower individuals to excel in their healthcare journeys and make meaningful contributions to the medical and healthcare fields.

This coming **April 12, 2025**, UP HS+PM Soc's **Department of Service, Education, and Research** will conduct its annual **RESEARCH SUMMIT**. Research Summit serves as a platform for students to increase awareness and knowledge about the dynamic fields of health sciences. Currently in its third year, Research Summit facilitates an event, where aspiring scientists, particularly high school students from various schools, converge to showcase their innovative ideas, engage in intellectual discourse, and receive recognition for their scientific endeavors.

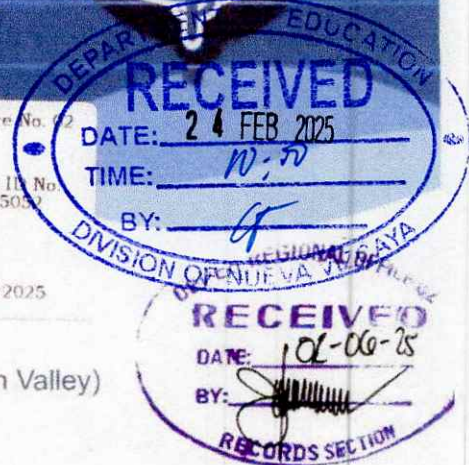
The theme of Research Summit 2025 is **"Synapses of Knowledge: Linking Health, Science, and Society"**. **Senior High School** students will be given a chance to present their remarkable research **face-to-face** during the morning session, serving as an avenue to exhibit their novel ideas. Additionally, a **Health Sciences Quiz Bee for Junior High School students** will be administered in the afternoon session, which will foster critical thinking,

**UP Health Sciences and Pre-Medicine Society**

625 Pedro Gil St., Ermita, Manila 1000

up.hspsm.soc@gmail.com fb.com/UPHSPMSoc @UPHSPMSociety

DepEd Regional Office No. 2  
DOCS ID No. 020625030  
Created by: Records  
Date Created: 02/06/2025





# UP Health Sciences and Pre-Medicine Society

625 Pedro Gil St., Ermita, Manila 1000

up.hspm.soc@gmail.com fb.com/UPHSPMSoc @UPHSPMSociety

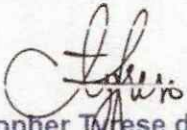
collaboration, and knowledge application in the fields of health sciences and research.

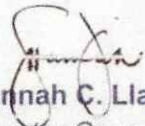
In this regard, we respectfully request your esteemed office's official endorsement and support for this significant event. Through your assistance, high school students within your region/division can be informed about this opportunity and encouraged to actively participate. We believe that this initiative aligns with the Department of Education's commitment to holistic education and the development of students' academic and leadership potential.

For your reference, we have attached a primer of the event containing more details regarding Research Summit 2025 and the Health Sciences Quiz Bee. Should you require further details or clarifications, please feel free to contact **Christopher Tyrese dela Cruz** at +63 932 662 0645 or [cddelacruz6@up.edu.ph](mailto:cddelacruz6@up.edu.ph). We look forward to your favorable response and continued support in advancing education for the youth.

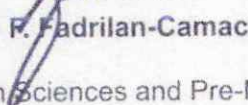
Thank you for your time and attention to this matter.


In the name of health and service,

  
**Christopher Tyrese dela Cruz**  
Project Head, Research Summit 2025  
Secretary for Service, Education, and Research  
UP Health Sciences and Pre-Medicine Society

  
**Hannah C. Llarenas**  
Director-General  
UP Health Sciences and Pre-Medicine Society

Endorsed by:

  
**Vivien Fe R. Fadrilan-Camacho, MD, MPH, FPAFP**  
Adviser  
UP Health Sciences and Pre-Medicine Society

<b>MEMORANDUM</b>		Date: <u>2-25-25</u>	Released (Records): <u>hsp</u>
To:	<input checked="" type="checkbox"/> PSDS/DICs	<input checked="" type="checkbox"/> Elem/Sec School Heads	
	<input type="checkbox"/> Private Schools	<input type="checkbox"/> Others:	
For:	<input checked="" type="checkbox"/> Information	<input checked="" type="checkbox"/> Dissemination	
	<input type="checkbox"/> Guidance	<input type="checkbox"/> Strict Compliance	
<b>ORLANDO E. MANUEL PhD., CESO V</b> Schools Division Superintendent			
By:	<input type="checkbox"/> HDS <input type="checkbox"/> CID Chief <input type="checkbox"/> SGOD Chief <input type="checkbox"/> AO <input type="checkbox"/> [unclear]	Signature: 	

February 13, 2025

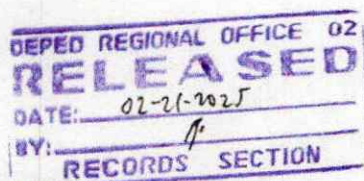
To: **ALL SCHOOLS DIVISION SUPERINTENDENTS**

In view of this aforementioned activity, this Office reiterates that the participation of public and private schools is voluntary and shall be subjected to the non-disruption-of-class policy as stipulated in DepEd Order No. 9, s. 2005 entitled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.

**BENJAMIN D. PARAGAS PhD, CESO III**  
Director IV/ Regional Director

For the Regional Director:

  
**ATTY. JOSE MARIO M. MACARILAY**  
Chief Administrative Division







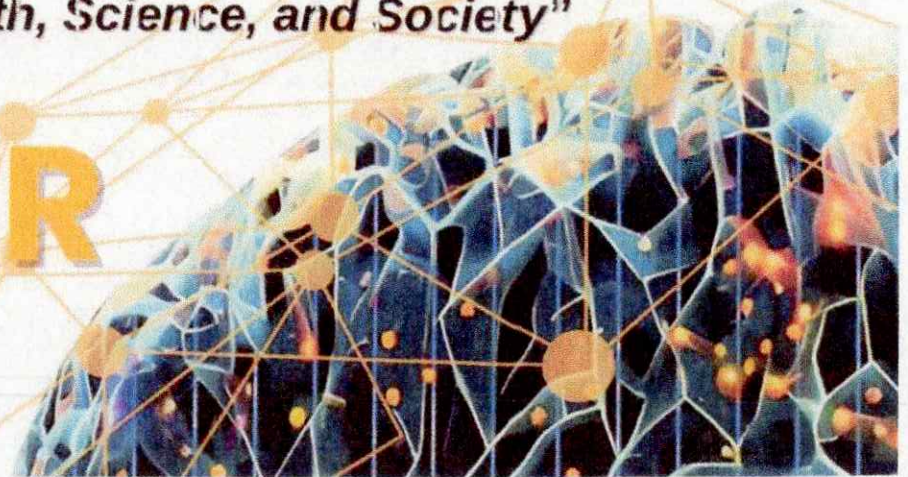
# UP HS+PM Soc

## Health Exploration Summit 2025:

**Research Summit & Health Sciences Quiz Bee**

*"Synapses of Knowledge: Linking Health, Science, and Society"*

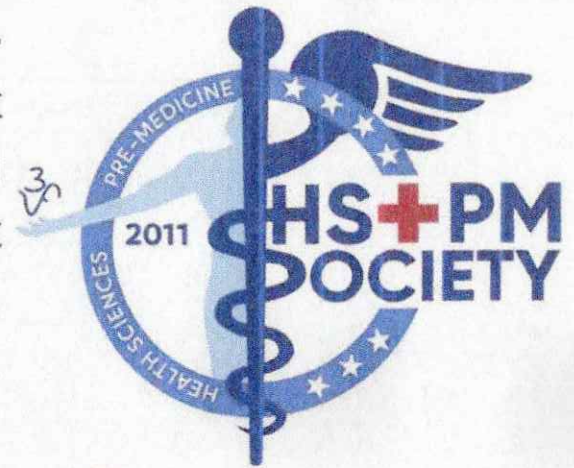
# PRIMER





# ABOUT UP HS+PM SOC

The **University of the Philippines Health Sciences and Pre-Medicine Society (UP HS+PM Soc)** is an academic non-profit student organization from the University of the Philippines Manila. Composed of undergraduate students from various colleges within UP Manila, it prides itself on upholding the core values of **camaraderie, compassion & service, empowerment, and holistic excellence**, which all contribute to fostering excellence in the health sciences.



Since its founding in **2011**, the UP HS+PM Soc has been one of the leading organizations in UP Manila, dedicated to fostering leadership skills, cultivating excellence among future healthcare professionals, and advocating for quality and accessible healthcare for all Filipinos. In accordance with these aspirations, the UP HS+PM Soc has been a founding member of **The Alliance of Philippine Pre-Medical Societies (APPSoc)** and an **Accredited Youth Organization** by SDSN Youth Philippines (AYO).



# OUR ACTIVITIES

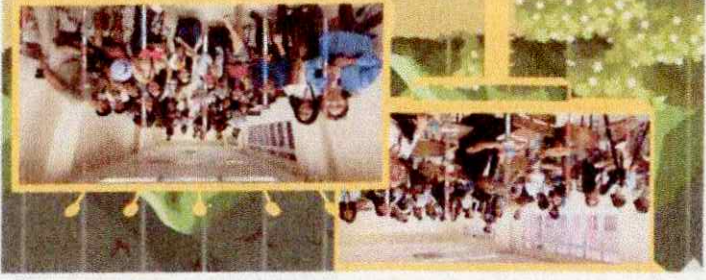
Adopt-A-Community



MD Talk



ACLE



Through unwavering support, we strive to empower individuals to excel in their healthcare journeys and make meaningful contributions to the medical and healthcare fields.



# ABOUT THE HEALTH EXPLORATION SUMMIT 2025

Health Exploration Summit 2025, now in its third year, is one of the UP HS+PM Soc's flagship projects. The Health Exploration Summit aims to provide an avenue for science communication and innovation for aspiring scientists and health science professionals.



Senior and junior high school students throughout the country converge in this event to showcase their innovative ideas, engage in intellectual discourse, and receive recognition for their scientific endeavors.

## previous summits



This year's summit also features a **Health Sciences Quiz Bee**, which serves as a platform for showcasing students' knowledge and enthusiasm in various health science disciplines. It aims to foster critical thinking and inspire participants to deepen their interest in health, medical advancements, and research initiatives.



# EVENT OBJECTIVES

This event aims to foster a culture of **scientific inquiry, innovation, and collaboration** among aspiring **senior and junior high school students** by providing a platform that encourages the **exploration of diverse scientific fields, promotes critical thinking, and recognizes outstanding research efforts**. Specifically, this project will:

1. Organize and conduct a **seminar/talk aimed at high school students** to explore and elucidate the various roles and importance of health sciences in contemporary society;
2. Invite **senior high school researchers** to submit a copy of their **journal studies** related to health sciences issues as preliminary tests;
3. Allow the selected students to **present their research** with a panel of expert judges to evaluate and award the best researcher; and,
4. Enhance participants' understanding of health sciences by fostering critical thinking, collaboration, and knowledge application through a **dynamic and interactive quiz bee**.



# THANK YOU!

