



Republic of the Philippines
Department of Education
Region II – Cagayan Valley
SCHOOLS DIVISION OF NUEVA VIZCAYA

August 07, 2024

DIVISION MEMORANDUM
No. 308 s. 2024

**HEALTH SPARK LINK DISSEMINATION FOR TEACHING AND
NON-TEACHING PERSONNEL OF SDO NUEVA VIZCAYA**

TO : Assistant Schools Division Superintendent
Chief, School Governance and Operations Division
Chief, Curriculum Implementation Division
Public Schools District Supervisors/District In-Charge
All Others Concerned

1. The Schools Division Office of Nueva Vizcaya through the School Governance and Operations Division- Health and Nutrition Unit will be launching the **HEALTH SPARK (Health Education And Learning Talks in Schools Promoting Awareness and Readiness for Kids)** which will be available through this link: <https://bit.ly/HealthSpark>
2. The HEALTH SPARK project addresses the critical need for comprehensive health education in school curriculums by providing 15-minute health education sessions for grades 3 to 12 learners. These sessions will cover various health-related topics, promoting awareness and readiness among students.
3. The primary objective is to improve health awareness and promote healthy lifestyle choices among students. Specifically, it will increase knowledge about basic health concepts, encourage healthy eating habits and physical activity, promote mental health and emotional well-being, teach preventive measures against common illnesses, and foster an environment of health consciousness within schools.
4. The project targets Grades 3 to 12 learners and will be implemented over one academic year (2024-2025). Topics covered will include nutrition, physical activity, hygiene, mental health, disease prevention, safety, substance abuse prevention, and environmental health.



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5. The timeline for the program is as follows:
- a. **AUGUST:** Dental Education 101 and Hand washing
 - b. **SEPTEMBER:** Street Foods and Dengue
 - c. **OCTOBER:** Body Hygiene and Rabies
 - d. **NOVEMBER:** Hydration and Cellphone Radiation Exposure
 - e. **DECEMBER:** Eating habits
6. For further queries, kindly contact **Ryan Christopher A. Buccat, MD, Medical Officer III at 09275463220** and **Nurses in charge of the following Districts:**

| NURSE ON DUTY | DISTRICT | PHONE NUMBER |
|---------------------------|--|--------------|
| RUDY AGUSTIN | Sta. Fe / A.Castaneda | 09614915458 |
| MARILOU RODEROS | Solano 1 & 2 | 09273212447 |
| SHIELA ZAPATA | Bagabag 2 / Diadi | 09287145667 |
| HAZEL ARREO | Dupax del Sur/ Aritao 1 | 09162841264 |
| TRICIA PASCUA | Bagabag 1/Villaverde | 09356839353 |
| JENNIFER SANO | Bambang 1&2 | 09666429474 |
| JULIUS MICHAEL PANGANIBAN | Bayombong 1 / Quezon | 09064706556 |
| WILSON HINDAC | Dupax del Norte 1&2 / Aritao 2 | 09756053448 |
| ICARUS CANAM | Kayapa East/Kayapa West | 09092022087 |
| LOVELYN CAMBALIZA | Bayombong 2/Ambaguio/Quezon | 09274164334 |
| BEN CLARION LLANTADA | Kasibu West/Kasibu East/ SDO Employees | 09065525444 |

7. For information, dissemination, guidance and strict compliance.

ORLANDO E. MANUEL Ph.D., CESO V
Schools Division Superintendent



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