

DepEd Regional Office No. 02



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Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS



MEMORANDUM
OM-OUOPS-2024-071-0295

TO : REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
HUMAN RESOURCE DEVELOPMENT DIVISION CHIEFS
NEAP-R FOCAL PERSONS
ALL OTHERS CONCERNED

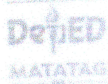
FROM : ~~WILFREDO E. CABRAL~~
Regional Director
OIC, Office of the Undersecretary for Human Resource and
Organizational Development

ATTY. REVSEE A. ESCOBEDO
Undersecretary for Operations

SUBJECT : TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE
PREVENTION (CAPACITY BUILDING PROGRAM FOR GUIDANCE
COUNSELORS PHASE 2)

DATE : July 17, 2024

1. In accordance with RA 11036 *Mental Health Act*, the Department of Education (DepEd) shall pursue strategies that promote the realization of mental health and well-being in educational institutions. Further, DepEd shall guide the schools in providing support and services for learners at risk, and facilitating access of learners to treatment and psychosocial support.
2. Pursuant to RA 11713 *Excellence in Teacher Education Act of 2021*, DepEd through the National Educators Academy of the Philippines (NEAP) is mandated to provide quality professional development programs to teachers, school leaders, and other teaching-related personnel.
3. Contributing to the Department's Basic Education Development Plan 2030, particularly its strategy of nurturing and protecting learners' mental and psychosocial health, the NEAP conducted Phase 1 of the Capacity Building Program for Guidance Counselors. It consisted of six batches, which ran from the 4th quarter of 2023 to the 1st quarter of 2024.



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
4. To capacitate the guidance counselors who have not yet attended the said training, the Bureau of Learner Support Services (BLSS) and NEAP, in partnership with the Unilab Foundation, will conduct a **Training for Guidance Counselors on Suicide Prevention (Capacity Building Program for Guidance Counselors Phase 2)** to help them become effective gatekeepers in the school setting.
5. The program aims to:
 - a. Recognize risk factors and warning signs that may indicate a learners' need for mental health support.
 - b. Demonstrate understanding on utilizing different techniques and tools to deliver counseling remotely and face-to-face.
 - c. Identify essential qualities, techniques, and ethical considerations relevant to the roles of guidance counselor and counseling supervision in suicide prevention and mental health support.
6. The Training for Guidance Counselors on Suicide Prevention (Capacity-Building Program for Guidance Counselors Phase 2) will be conducted from **September 9-13, 2024**, within Metro Manila.
7. The Training will be attended by RGCs assigned in schools who are occupying Guidance Counselor Plantilla items and duly Registered Guidance Counselor (RGC) assigned to the Schools Division Offices (SDOs) and Regional Offices (ROs) who are serving as focal persons. In line with DM-OUHROD-2024-0463, the identified participants are listed in **Annex A**. The program matrix for the Training is attached as **Annex B**.
8. For confirmation of attendance, all Training participants must register on this link: bit.ly/CapBuildRGCsP2 on or before **August 16, 2024, Friday**.
9. The costs of the board and lodging of the participants shall be charged against the BLSS-SHD FY 2024 LSP Continuing Funds. Meanwhile, the travel expenses of the participants may be charged to the School Mental Health Program Support Funds, which were downloaded to DepEd Regional Offices. Expenses incurred are subject to the usual accounting, budgeting, and auditing procedures.
10. Meals and accommodations are as follows:

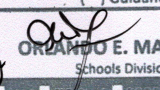
MEALS	Day 1 (Mon)	Day 2 (Tues)	Day 3 (Wed)	Day 4 (Thurs)	Day 5 (Fri)
Breakfast		✓	✓	✓	✓
AM Snacks		✓	✓	✓	✓
Lunch	✓	✓	✓	✓	✓
PM Snacks	✓	✓	✓	✓	
Dinner	✓	✓	✓	✓	

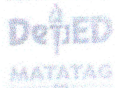
11. For the conduct of the aforementioned activities that will fall on weekends and holidays, the Regional Office and/or Schools Division Office is requested to provide Compensatory Time-Off (CTO) to the participants to compensate for time rendered that is supposed to be for personal use and rest.

12. All participants are required to bring their own laptop, laptop charger and extension cord as completion of outputs will be accomplished in the venue. Please be reminded as well to bring maintenance medications if you have any.
13. Attached to this memorandum are the following:
 - Annex A: List of Participants
 - Annex B: Program Matrix
14. Should you have further questions or clarifications, please contact **Ms. Carmella Mergenio, Rpm** of BLSS-SHD (02 8632-9935 | carmella.mergenio@deped.gov.ph) or **Ms. Millie Jane Fudolig, RGC, Rpm** of NEAP-PDD (02 8715-9919 | millie.fudolig@deped.gov.ph).
15. Immediate dissemination of and appropriate action on this memorandum is desired.

DEPED REGIONAL OFFICE 02
RELEASED
 DATE: 08-14-2024
 BY: [Signature]
RECORDS SECTION

August 12, 2024
To: Schools Division Superintendents For information, dissemination and appropriate action. <div style="text-align: center;">  BENJAMIN D. PARAGAS PhD, CESO III Director IV/Regional Director </div>
<i>hrdd/rbc/cbc</i>

ADVISORY		Date: 8-15-24	Release (Priority): <i>AV</i>
To: <input type="checkbox"/> PSDS/DICs	<input checked="" type="checkbox"/> Elem/Sec School Heads		
<input type="checkbox"/> Private Schools	<input type="checkbox"/> Others:		
For: <input type="checkbox"/> Information	<input checked="" type="checkbox"/> Dissemination		
<input type="checkbox"/> Guidance			
 ORLANDO E. MANUEL PhD, CESO V Schools Division Superintendent			
By: <input type="checkbox"/> RMO	<input type="checkbox"/> Chief	<input type="checkbox"/> SGOD/Chief	<input type="checkbox"/> AD
			Signature: _____



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Annex A:

LIST OF PARTICIPANTS

I. Program Management Team

OFFICE	NAME	POSITION
BLSS-SHD	Dr. Ann P. Quizon	Supervising Health Program Officer
BLSS-SHD	Carmella Joyce L. Mergenio	Technical Assistant II
BLSS-SHD	Jordan P. Concepcion	Technical Assistant II
BLSS-SHD	Amina Aisa H. Boncales	Technical Assistant II
BLSS-SHD	Belle Beatrice D. Hombrebueno	Technical Assistant II
BLSS-SHD	Jon Jovi Osdaña	Technical Assistant II
BLSS-SHD	Shirley T. Laurel	Administrative Assistant II
NEAP-PDD	Millie Jane T. Fudolig	Senior Education Program Specialist
NEAP-PDD	Fleura Karina C. Lorenzo	Technical Assistant II
NEAP-PDD	Jojet T. Gabriel	Administrative Support II
NEAP-PDD	1 representative	TBD
NEAP QAD	1 representative	TBD

II. Core Team

	NAME	REGION	POSITION
1.	Annabella G. Dingwasen	I	Guidance Counselor III
2.	Sheridan Manamtam	I	Guidance Counselor III
3.	Ma. Katleen Maye A. Haban	II	Guidance Counselor III - <i>Isabela</i>
4.	Airene P. Dayrit	III	Guidance Coordinator
5.	Julie E. Dangan	III	Guidance Counselor III
6.	Maria Niña M. Mariñas	III	Guidance Counselor II
7.	Riessa Leah B. Gonzales	IV - A	Guidance Counselor III
8.	Sheena Wella G. Arguelles	IV-A	Guidance Coordinator III
9.	Floyd A. Socrates	MIMAROPA	Guidance Counselor III
10.	Kurt Essa A. Rastrullo	V	Guidance Counselor II
11.	Kareen B. Arcenas	VI	Guidance Counselor III
12.	Charles Mathew T. Japitan	VII	Guidance Counselor II
13.	Junides O. Aro	VII	Guidance Counselor II
14.	Kathleen D. Omoso	VII	Guidance Service Specialist I
15.	Nerizza Conie E. Camacho	VII	Guidance Counselor III
16.	Nicah Maan C. Acojido	VII	Guidance Service Specialist I
17.	Julienne Rose P. Saballa	VIII	Guidance Coordinator III
18.	Mark Risty S. Tan-awon	IX	Guidance Counselor I
19.	Joan B. Cañeda	X	Guidance Coordinator III

20.	Melecare M. Carrillo	XI	Guidance Counselor III
21.	Ryan A. Betoya	XII	Guidance Counselor II
22.	Generuth M. Bagaforo	CARAGA	EPS II
23.	Doddie Marie L. Duclan	CAR	EPS
24.	Harlene Rose V. Mamit	NCR	Guidance Coordinator I
25.	Maria Laarni Carla C. Paranis	NCR	EPS

III. Participants

	Full Name	Region	DepEd Position Title
1.	Ananayo, Randolph M.	CAR	Guidance Counselor II
2.	Andres, Ma. Danica P.	CAR	Guidance Counselor II
3.	Balanon, Rhodelia J.	CAR	Guidance Counselor III
4.	Balneg, Jestoni B.	CAR	Education Program Specialist
5.	Base, Agapita K.	CAR	Guidance Counselor II
6.	Belgica, Maribel T.	CAR	Guidance Counselor III
7.	Budo, Eunice D.	CAR	Guidance Counselor III
8.	Dolnagon, Tina C.	CAR	Guidance Counselor III
9.	Fetiza, Jocelyn J.	CAR	Guidance Counselor III
10.	Lesino, Estefany D.	CAR	Guidance Counselor III
11.	Maria Trinidad M. Panglao	CAR	Guidance Counselor III
12.	Matias, Brenda M.	CAR	Guidance Counselor III
13.	Aquino-Jimenez, Mayclaire	CAR	Project Development Officer IV
14.	Basnillo, Jocelyn S.	Caraga	Guidance Counselor II
15.	Cullamat, Ivy Jane T.	Caraga	Guidance Counselor I
16.	Tuazon, Roxanne May .	Caraga	Guidance Counselor II
17.	Tillo, Antonette F.	Caraga	Guidance Counselor I
18.	Aguinaldo, Cleopatra Daisy T.	NCR	Guidance Counselor II
19.	Alejandro Lorena R.	NCR	Guidance Counselor III
20.	Ampo, Kim G.	NCR	Guidance Counselor III
21.	Castillo, Lorena Maria D.	NCR	Guidance Counselor II
22.	Correa, Darryl C.	NCR	Guidance Counselor I
23.	Daga, Maria Emma T.	NCR	Guidance Counselor III
24.	Din, Jesusa V.	NCR	Guidance Counselor III
25.	Rodriguez, Ma. Lovenia H.	NCR	Guidance Counselor I
26.	Samantila, Elvira G.	NCR	Guidance Counselor III
27.	Biagtan, Maria Amor Vena	Region I	Guidance Coordinator III
28.	Mabanag, Bianca Katrina, R.	Region I	Guidance Coordinator III
29.	Navarro, Rowena P.	Region I	Guidance Counselor III
30.	Tacdol, Nika Paula P.	Region I	Guidance Counselor III
31.	Volante, Donna A	Region I	Guidance Counselor III
32.	Domingo, Mia Flor Mia L.	Region II	Guidance Counselor II

- Cagayan

33. ✓	Adi, Juliet V.	Region II	Guidance Counselor III
34. ✓	Acupan, Harlene, A.	Region II	Guidance Counselor III
35. ✓	Conde, Ligaya A.	Region II	Guidance Counselor III
36. ✓	Lazaro, Ronalyn R.	Region II	Guidance Counselor III
37. ✓	Maguigad, Ana Riza Padua	Region II	Guidance Counselor III
38. ✓	Palattao, Fely Ann A.	Region II	Guidance Counselor III
39. ✓	Ramos, Vilma S.	Region II	Guidance Counselor III
40. ✓	Rodriguez, Judy Ann Mila S.	Region II	Guidance Counselor III
41. ✓	Troyo, Maida V.	Region II	Guidance Counselor III
42. ✓	Vergara, Leilani Ruadap	Region II	Guidance Counselor III
43. ✓	Villar, Avon Grace, T.	Region II	Guidance Counselor II
44.	Rubia, Leane Kimber	Region III	Guidance Counselor III
45.	Adriano, Gay S.	Region III	Guidance Coordinator II
46.	Ajose, Rowena Dr.	Region III	Guidance Counselor III
47.	Asor, Gina A.	Region III	Guidance Counselor II
48.	Aujero, Maan C.	Region III	Guidance Counselor III
49.	Bernabe, Andrea F.	Region III	Guidance Coordinator I
50.	Calma, Annalyn P.	Region III	Guidance Counselor III
51.	Centeno, Rosalyn Q.	Region III	Guidance Coordinator I
52.	Cruz, Maribel M.	Region III	Guidance Coordinator I
53.	De Jesus, Nelly M.	Region III	Guidance Counselor II
54.	Dionisio, Crissalyn Joy A.	Region III	Guidance Counselor II
55.	Ibe, Carolina B.	Region III	Guidance Counselor III
56.	Itas, Danilo D.	Region III	Guidance Counselor II
57.	Legaspi, Hazel Karren Z.	Region III	Guidance Counselor II
58.	Maderas, April M.	Region III	Guidance Counselor III
59.	Maninang, Joana M.	Region III	Guidance Counselor III
60.	Manuel, Aurora M.	Region III	Guidance Counselor III
61.	Maranan, Shiela S.	Region III	Guidance Counselor III
62.	Medina, Liza Marie Z.	Region III	Guidance Counselor III
63.	Mendoza, Annabelle M.	Region III	Guidance Counselor III
64.	Mendoza, Emita R.	Region III	Guidance Counselor II
65.	Merenciano, Regina M.	Region III	Guidance Counselor I
66.	Perona, Amorfil G.	Region III	Guidance Counselor III
67.	Ramos, Anita S.	Region III	Guidance Counselor II
68.	Sabiano, Ryan M.	Region III	Guidance Counselor III
69.	Sabino, Mary Jane S.	Region III	Guidance Counselor III
70.	Simon, Donald G.	Region III	Guidance Counselor III
71.	Singian Saturnino Ibon	Region III	Guidance Coordinator III
72.	Amurao, Jojo A.	Region IV-A	Guidance Counselor III
73.	Gabriel, Camila Louise	Region IV-A	Guidance Counselor III

PROGRAM MATRIX

CAPACITY BUILDING FOR GUIDANCE COUNSELORS
(TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE PREVENTION)

TIME	ACTIVITY
DAY 0 (SUNDAY)	
	Arrival of Program Management Team (PMT), Core Team, and Resource Persons
1:00 PM - 5:00 PM	Pre-activity preparations
DAY 1 (MONDAY)	
8:00 AM - 10:00 AM	Orientation for the Core Team
10:00 AM - 10:30 AM	Health Break
10:30 AM - 12:00 PM	Continuation of the Orientation for the Core Team
12:00 PM - 1:00 PM	Lunch Break
1:00 PM - 2:00 PM	Registration of Participants
2:00 PM - 3:00 PM	Opening Program <ul style="list-style-type: none"> • National Anthem • Ecumenical Prayer • DepEd QPS • Welcome Remarks • Introduction of Participants • Photo Documentation • Session Norms
3:00 PM - 3:30 PM	Health Break
3:30 PM - 4:00 PM	Program Overview
4:00 PM - 4:30 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 2 (TUESDAY)	
8:00 AM - 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms
8:30 AM - 10:00 AM	SESSION 1 Module 1: Basic Skills for All Personnel Suicide in the School
10:00 AM - 10:30 AM	Health Break
10:30 AM - 12:00 PM	Continuation of Suicide in the School
12:00 PM - 1:00 PM	Lunch Break
1:00 PM - 2:30 PM	SESSION 2 How to RACE Against Suicide
2:30 PM - 3:00 PM	Health Break

3:00 PM – 4:00 PM	Continuation of How to RACE Against Suicide
4:00 PM – 4:30 PM	Case Simulation
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 3 (WEDNESDAY)	
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms
8:30 AM – 10:00 AM	SESSION 3 Module 2 Suicide Intervention
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	Continuation of Suicide Intervention
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:30 PM	SESSION 4 Basic Counseling Techniques
2:30 PM – 3:00 PM	Health Break
3:00 PM – 4:30 PM	SESSION 5 Self-Care
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 4 (THURSDAY)	
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms
8:30 AM – 10:00 AM	SESSION 6 Referral System
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 AM	Continuation of Referral System
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:00 PM	WORKSHOP 7 Professional Counseling Supervision
2:00 PM – 3:00 PM	Simulation and Feedback of Counselor Supervision
3:00 PM – 3:30 PM	Health Break
3:30 PM – 4:30 PM	Continuation of Simulation and Feedback of Counselor Supervision
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 5 (FRIDAY)	
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives

	<ul style="list-style-type: none">• Program Matrix• Session Norms
8:30 AM – 10:00 AM	WORKSHOP 8 Introduction of Program Development and Crafting of Guidance Program
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	Presentation and Feedback of Guidance Program and Plan
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:00 PM	Closing Program